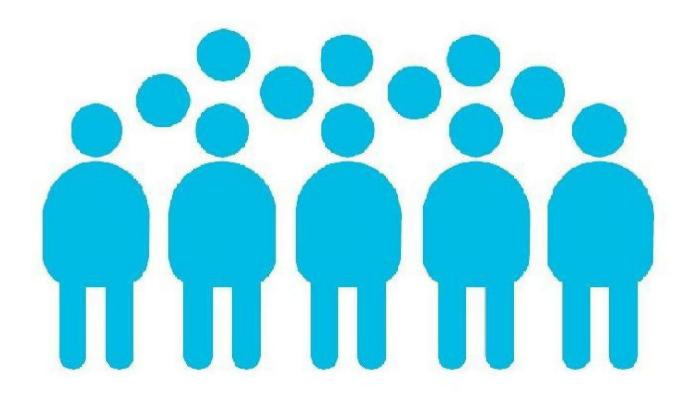
# **Extended Profile**

Catalogue # 1554

Londn Sperm Bank





### What is your: Mother tongue: English Do you know any other languages? I can speak a bit of Japanese Favourite Food(s): Sush, Dim sum Favourite sport(s): Boulderina, Cyclina Favourite TV show(s): Bakeoff Favourite Film(s): Leonthe professional, Se7en, Trainspoting Favourite Music: Post-punk (fugazi, wire, the stranglers) and Jazz (dave brubeck, sarah vaughan, art blakey) Favourite Colour: Gray Favourite animal(s): Do you have any pets? If yes, which pets do you have? Favourite Holiday Destination(s): Honc Kong (to visit family) **Favourite Cities:** ...Hong Kong again Do you have tattoos? If yes, mention what, where and since when. Do you have any body piercings? If yes, mention where and since when. Are you left handed, right handed, or ambidextrous? Righthanded

What are your strengths?
Patient, Forgiving, Disciplined, Happy-go-lucky

What are your weaknesses?
Disorganized, Reserved, Fidgety, Unassertive

What motivates you?

One day being able to casually do my weekly shop at whole foods

Would you say that you are athletic? How so?

Probably, I cycle everywhere and I like to climb regularly. I've also done a few half-marathons in the past.

Would you say you are more practical or book-smart? Definitely more book-smart.

Are you creative? If so, how do you express this?

I try very hard to be, I play in a band and expose myself to as much music and literature as I can.

Describe yourself in 5 words? Light-hearted, Motivated, Curious, Level-headed, Male

Are you more: (Please select one of the two options for each attribute)

Optimistic Pessimistic

Assertive Passive

Leader Follower

Introverted Extroverted

Quiet Expressive

Doer Thinker

Rate your intelligence from Howard Gardner's Multiple Intelligence Assessment: - mark 1 as most and 9 as least of your intelligence (follow guidance notes below):

| Intelligence Category   | Score             |
|---|-------------------|
|   | (1-most, 9-least) |
| Naturalist (Understanding living things and reading nature)                   | 7                 |
| Musical (Discerning sounds, their pitch, tone, rhythm, and timbre)            | 2                 |
| Logical-Mathematical (Quantifying things, making hypotheses and proving them) | 3                 |
| <b>Existential</b> (Tackling the questions, of why we live, and why we die)   | 6                 |
| Interpersonal (Sensing people's feelings and motives)                         | 5                 |
| Bodily-Kinaesthetic (Coordinating your mind and your body)                    | 4                 |
| Linguistic (Finding the right words to express what you mean)                 | 8                 |
| Intra-Personal (Understanding yourself, what you feel and what you want)      | 9                 |
| Spatial (Visualizing the world in 3D)   | 1                 |

Naturalist Intelligence: Naturalist intelligence designates the human ability to discriminate among living things (plants, animals) as well as sensitivity to other features of the natural world (clouds, rock configurations). This ability was clearly of value in our evolutionary past as hunters, gatherers, and farmers; it continues to be central in such roles as botanist or chef. It is also speculated that much of our consumer society exploits the naturalist intelligences, which can be mobilized in the discrimination among cars, sneakers, kinds of makeup, and the like.

**Musical Intelligence:** Musical intelligence is the capacity to discern pitch, rhythm, timbre, and tone. This intelligence enables us to recognize, create, reproduce, and reflect on music, as demonstrated by composers, conductors, musicians, vocalist, and sensitive listeners. Interestingly, there is often an affective connection between music and the emotions; and mathematical and musical intelligences may share common thinking processes.

**Logical-Mathematical Intelligence:** Logical-mathematical intelligence is the ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations. It enables us to perceive relationships and connections and to use abstract, symbolic thought; sequential reasoning skills; and inductive and deductive thinking patterns.

**Existential Intelligence:** Sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die, and how did we get here.

**Interpersonal Intelligence:** Interpersonal intelligence is the ability to understand and interact effectively with others. It involves effective verbal and nonverbal communication, the ability to note distinctions among others, sensitivity to the moods and temperaments of others, and the ability to entertain multiple perspectives. Teachers, social workers, actors, and politicians all exhibit interpersonal intelligence. Young adults with this kind of intelligence are leaders among their peers, are good at communicating, and seem to understand others' feelings and motives.

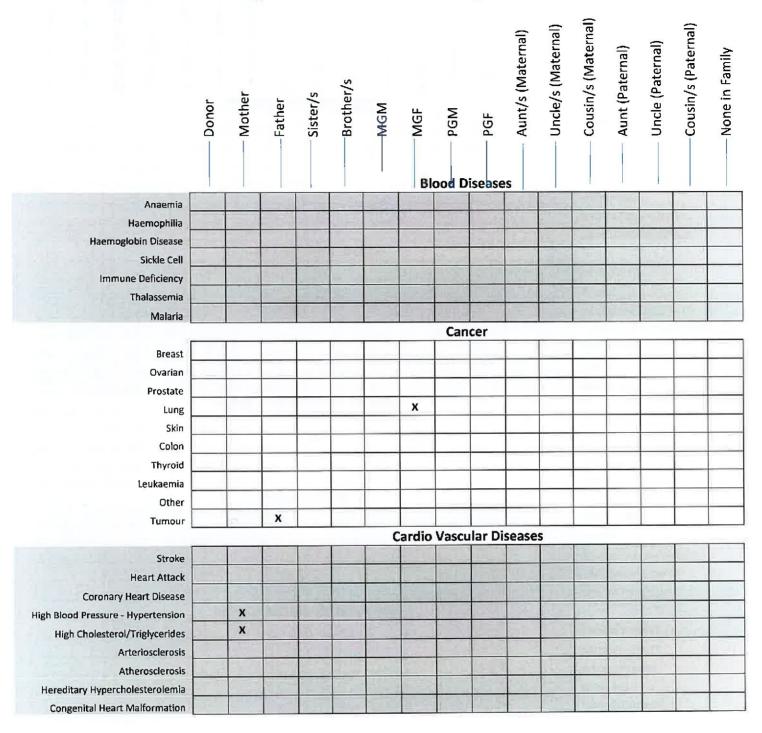
**Bodily-Kinaesthetic Intelligence:** Bodily kinaesthetic intelligence is the capacity to manipulate objects and use a variety of physical skills. This intelligence also involves a sense of timing and the perfection of skills through mind-body union. Athletes, dancers, surgeons, and crafts people exhibit well-developed bodily kinaesthetic intelligence.

**Linguistic Intelligence:** Linguistic intelligence is the ability to think in words and to use language to express and appreciate complex meanings. Linguistic intelligence allows us to understand the order and meaning of words and to apply meta-linguistic skills to reflect on our use of language. Linguistic intelligence is the most widely shared human competence and is evident in poets, novelists, journalists, and effective public speakers. Young adults with this kind of intelligence enjoy writing, reading, telling stories or doing crossword puzzles.

Intra-personal Intelligence: Intra-personal intelligence is the capacity to understand oneself and one's thoughts and feelings, and to use such knowledge in planning and derationing one's life. Intra-personal intelligence involves not only an appreciation of the self, but also of the human condition. It is evident in psychologist, spiritual leaders, and philosophers. These young adults may be shy. They are very aware of their own feelings and are self-motivated.

**Spatial Intelligence:** Spatial intelligence is the ability to think in three dimensions. Core capacities include mental imagery, spatial reasoning, image manipulation, graphic and artistic skills, and an active imagination. Sailors, pilots, sculptors, painters, and architects all exhibit spatial intelligence. Young adults with this kind of intelligence may be fascinated with mazes or jigsaw puzzles, or spend free time drawing or daydreaming.

## Donor Family Medical History (mark with X if none in family)



Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

| Maternal Grandfather - Lung Cancer (73, COD) - Smoker            |  |
|--|--|
| Mother - High Blood Pressure & High Cholesterol (46) - Medicated |  |
| Father - Benign Gum Tumour (54)                                  |  |
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|                  |            |         |                            |              |            |  |

|                               | Danor | Mother | Father | Sister/s | Brother/s | MGM | MGF     | PGM    | PGF    | Aunt/s (Maternal) | Uncle/s (Maternal) | Cousin/s (Maternal) | Aunt (Paternal) | Uncle (Paternal) | Cousin/s (Paternal) | None in Family |
|-------------------------------|-------|--------|--------|----------|-----------|-----|---------|--------|--------|-------------------|--------------------|---------------------|-----------------|------------------|---------------------|----------------|
|                               |       |        |        | 1        |           | Co  | ongen   | ital M | lalfor | matio             | ns                 |                     |                 |                  |                     |                |
| Cleft Lip                     |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Cleft Palate                  |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Club Foot                     |       |        |        |          | <u></u>   |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Congenital Hip Dislocation    |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Spina Bifida                  |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Undescended Testicles         |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Malformations (Other)         |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
|                               |       |        |        |          |           | G   | astro-  | Intest | inal E | iseas             | es                 |                     |                 |                  |                     |                |
| Galls Stones                  | -(0)  |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Hepatitis A                   |       |        |        |          | I Fig     |     |         |        |        | By                |                    |                     |                 |                  |                     |                |
| Hepatitis B                   |       |        |        |          |           |     |         | -      |        |                   |                    |                     |                 |                  | T <sub>i</sub>      |                |
| Ulcer of Stomach or Duodenum  |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Other Liver Disease           |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Colitis                       | 4-10  |        |        |          |           | 100 |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Cystic Fibrosis               |       |        |        |          |           |     | 10.8    |        |        |                   |                    |                     |                 |                  |                     |                |
|                               |       |        |        |          |           | Gen | ital/ F | Repro  | ductiv | e Sys             | tem                |                     |                 |                  |                     |                |
| Uterine Fibroids              |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Ovarian Cysts                 |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Goitre                        |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Other                         |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| ,                             |       | W      |        |          |           |     | M       | lental | Healt  | h                 |                    |                     |                 |                  |                     |                |
| Depression                    | Х     | Х      | 3-4    | х        |           |     |         | HEAL)  | 8 00   | Trade.            |                    |                     |                 |                  |                     |                |
| Bipolar                       |       | 2-1    |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Schizophrenia/Psychosis       |       |        |        |          |           |     |         | 0 5    |        |                   |                    |                     |                 |                  |                     |                |
| Mental Retardation            |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Obsessive-Compulsive Disorder |       |        |        |          |           |     |         | - 11   |        | -                 |                    |                     |                 |                  |                     |                |
|                               |       |        |        |          |           | Met | aboli   | c/ Enc | locrin | e Dise            | ease               |                     | 4               |                  |                     | -              |
| Type 1 Diabetes               |       |        |        |          |           |     |         | ,      |        |                   |                    |                     |                 |                  |                     | -              |
| Type 2 Diabetes               |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Hypoglycaemia                 |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |
| Tay Sachs                     |       |        |        |          |           |     | -       |        |        | -                 |                    |                     |                 |                  |                     | -              |
| Thyroid Disorder              |       |        |        |          |           |     |         |        |        |                   |                    |                     | - 1             |                  |                     |                |
| Highold Disorder [            |       |        |        |          |           |     |         |        |        |                   |                    |                     |                 |                  |                     |                |

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

| Donor - Depression (20, situational, undiagnosed and not medicated)  |  |
|--|--|
| Mother - Depression (40, situational, undiagnosed and not medicated) |  |
| Sister- Depression (18, situational, diagnosed and medicated)        |  |
| Father - Type 1 Diabetes (12, Isolated Case)                         |  |
|  |  |
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|                                       | Donor | Mother | Father | Sister/s | Brother/s | MGM     | - MGF   | PGM    | PGF     | Aunt/s (Maternal) | Uncle/s (Maternal) | Cousin/s (Maternal) | Aunt (Paternal) | Uncle (Paternal) | Cousin/s (Paternal) | None in Family |
|---------------------------------------|-------|--------|--------|----------|-----------|---------|---------|--------|---------|-------------------|--------------------|---------------------|-----------------|------------------|---------------------|----------------|
|                                       | AR I  |        | - E    |          | 4.76      | IVIU:   | scular, | Bone   | S/ JOII | T DISE            | ase                | Dec 10              | 172.51          |                  |                     |                |
| Gout                                  |       |        |        |          |           |         |         |        |         |                   | DENIII             |                     |                 | 1                |                     |                |
| Arthritis (Dunnfilm)                  |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Achondroplasia (Dwarfism)             |       |        |        |          |           |         |         |        |         | 787               |                    |                     |                 |                  |                     |                |
| Deformity of the Vertebral Column     |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Osteoporosis                          |       |        | XII    |          |           | 11201   |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Muscular Dystrophy                    |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 | 157              |                     |                |
| Other _                               |       | E      | 10-20  |          | 2         |         | Nour    | ologic | al Dise | 29266             |                    |                     |                 |                  |                     |                |
| ADD or ADHD                           |       |        |        |          |           |         | Neui    | Ologic | מו טוא. | cases             |                    |                     |                 |                  |                     |                |
| Autism/Asperger's                     |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Cerebral Palsy                        |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Disorders of the Spinal Cord          |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
|                                       |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Dyslexia/ Other Learning Difficulties |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Neural Neurone Disease                |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Hydrocephalus                         |       |        |        |          |           |         |         |        |         |                   |                    | -                   |                 |                  |                     |                |
| Alzheimer's                           |       |        |        |          |           |         |         | Х      |         |                   |                    |                     |                 |                  |                     |                |
| Motor Neurone Disease                 |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Epilepsy                              |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Huntington's Disease                  |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Multiple Sclerosis                    |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Neural Tube Defect                    |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Parkinson's Disease                   |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Delay in Growth & Development         |       |        |        | -        |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Tourette Syndrome                     |       | 4      |        |          |           |         |         | CI     | kin     |                   |                    |                     |                 | -                |                     |                |
|                                       |       |        |        |          |           | Name of |         |        | NIII    |                   |                    | N/E                 |                 |                  |                     |                |
| Albinism                              |       |        |        |          |           |         |         |        |         |                   | 3-2                | - B                 |                 |                  |                     |                |
| Acne                                  |       |        |        |          |           |         |         |        |         |                   |                    |                     | Resident        |                  |                     |                |
| Pigmentation Disorders                | х     |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Eczema                                | ^     |        |        |          |           |         |         |        |         |                   |                    |                     |                 |                  |                     |                |
| Psoriasis                             |       |        |        |          |           |         |         |        |         |                   |                    |                     |                 | 1                |                     |                |

| Paternal Grandmother - Alzheimer's (85, C | COD) |
|---|------|
| Donor - Mild Eczema (12)                  |      |
|   |      |
| [   |      |
|   |      |
|   |      |
|   |      |

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| Donor | Mother  | Father | Sister/s                              | Brother/s                             | MGM          | MGF   | PGM              | PGF  | Aunt/s (Maternal)              | Uncle/s (Maternal)                    | Cousin/s (Maternal)                   | Aunt (Paternal)                       | Uncle (Paternal)                        | Cousin/s (Paternal)                     | None in Family                        |
|-------|---------|--------|---------------------------------------|---------------------------------------|--------------|---|------------------|--|--------------------------------|---------------------------------------|---------------------------------------|---------------------------------------|---|---|---------------------------------------|
| V     | v       | Y      | V                                     |                                       | Allergie     | s and   | Respira          | atory D  | iseases                        |                                       |                                       |                                       |   |   |                                       |
|       |         |        | ^                                     |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
| v     |         |        |                                       |                                       | The Later of |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
| ^     |         |        |                                       | 1000                                  |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              | 7, 1  |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
| X     |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        | i i i                                 |                                       |              |   |                  |  | L na                           |                                       | 1                                     |                                       |   |   |                                       |
|       |         | 10.0   |                                       |                                       | A TO         | 1   |                  |  |                                |                                       | Logi                                  |                                       |   |   |                                       |
|       |         |        |                                       |                                       | TA J         |   |                  |  |                                | -114                                  |                                       | 4                                     |   |   |                                       |
|       |         |        |                                       |                                       |              | Sigl  | ht/ Sou          | ınd/ Sn  | nell                           |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   | Urir             | nary   |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       | 5.8          |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       | 11.4         |   |                  |  |                                |                                       | 143                                   |                                       |   |   |                                       |
|       |         | 1      |                                       | 388                                   |              |   | M = -1           |  |                                |                                       |                                       | Way.                                  |   |   |                                       |
| 1,31  |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   | 0+1              |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   | Oli              | ner  |                                | - 11                                  |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       |                                       |   |   |                                       |
|       |         |        |                                       |                                       |              |   |                  |  |                                |                                       |                                       | -                                     |   |   |                                       |
|       |         |        | Any oth                               | ner con                               | ditions      | not lis   | ited or          | prema  | ture de                        | eaths d                               | ue to i                               | llness?                               |   |   |                                       |
|       |         |        |                                       | 2, 001.                               | 2.4.0.10     |   |                  | district the second  |                                |                                       | JC 10                                 | 1                                     | T                                       |   |                                       |
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Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

| Donor, Parents & Sister - Cow's Milk & Mild Gluten Allergy (childhood)                   |
|--|
| Donor - Hayfever (17), Allergic to Dogs (15),  |
| Paternal Grandfather - Thyroid Disorder (80), Heart Failure due to burst valve (81, COD) |
| Paternal Aunt - Lymphoma (40's, survived)  |
|  |
|  |

|                  |            | _       |                            |              | til        |
|------------------|------------|---------|----------------------------|--------------|------------|
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### Goodwill Message

Hello. You've made it to 16! What an exciting age, you're almost an adult now!

I hope life has been good for you this far, even though you may feel a bit angsty right now (I know I spent most of my teen years in a state of angry melodrama!). You have your whole life sprawling ahead of you, and if you work hard, I'm sure anything is within your reach. Don't be afraid to try new things even if you're awful at them to begin with! Every challenge is an opportunity for you to grow as a person.

And don't forget to tell your parents you love them, they wanted to have you so much, that they went through the whole process of finding a sperm donor to have you. I've never met them but it makes me really happy to think that I could help them.

Feel free to get in touch when you turn 18, we can grab a coffee.

#### Pen Sketch

I was born and grew up in Hong Kong, then moved to study Chemistry Lim a pretty easy-going guy who gets on well with most people, and currently work in a few schools tutoring the kids who've been excluded from mainstream education. It's a job that requires quite a lot of patience, but when the kids warm up to you and start understanding concepts it is very rewarding!

In my spare time I do a lot of climbing with friends and practicing guitar. I love the feeling of getting better at the things that I like to do, so I devote a lot of free time into working on them. I also love to read literature, my mum worked as a children's book editor when I was growing up, and so my house was full of books. Now it's the thing that we like to share the most, where we'll both recommend each other different books. My favourite authors currently are David Foster Wallace and Isaac Asimov. I still maintain, as I have for many years, that the best book I've ever read is Catch-22, because I have never laughed so hard in my entire life!

I like to keep myself open to new experiences, and am never afraid to look like an absolute fool - thats part of the fun of being alive. I remember reading a quote somewhere that said life is tragic and funny, so you might as well laugh - I couldn't agree more.