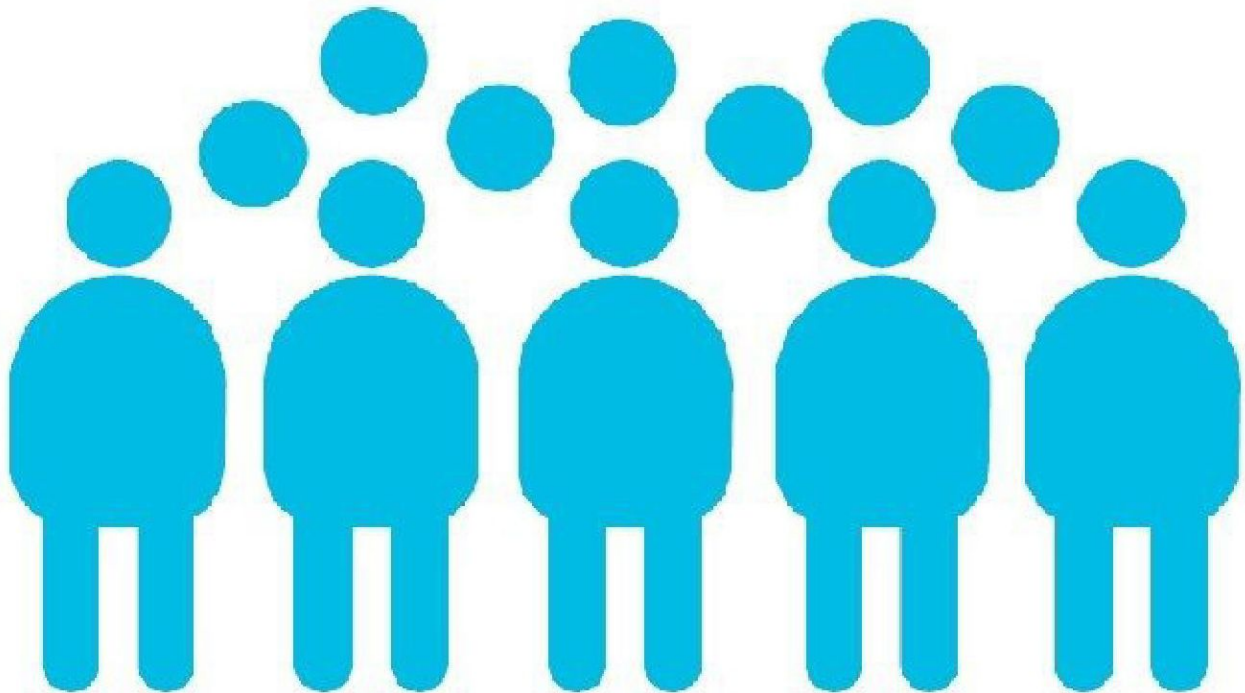


Extended Profile

Catalogue #1546

London
Sperm
Bank



Donor Extended Profile

Donor Attributes

Your Origins: -

Place of Birth: Town/ State/County:

[Redacted]

Country:

UK

Race: - Ethnicity: (Please circle as appropriate)

Caucasian
 Black
 Chinese
 Jewish
 Mediterranean
 Hispanic
 Asian
 Mixed:
 Other:

Asian Indian (please specify region/community you belong to):

Your Nationality:

British

Personal Characteristics: -

Eye Colour: (Please circle; you may circle more than one colour as appropriate)

Blue
 Green
 Brown
 Grey
 Hazel
 Other:

Natural Hair Colour: (Please circle as appropriate)

Black
 Dark Brown
 Light Brown
 Light Blond
 Dark Blond
 Red
 Other: Your hair colour as a child: **Light Brown**

Hair type: (Please circle; you may circle more than one type as appropriate)

Straight
 Wavy
 Curly
 Afro
 Balding (Age of onset) Receding (Age of onset)

Hair Texture: (Please circle as appropriate):

Normal
 Frizzy
 Thin
 Coarse
 Smooth
 Silky

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Skin Tone: (Please circle as appropriate)

Very Fair

Light Brown

Olive

Fair

Medium Brown

Medium Black

 Medium Fair

Dark Brown

Dark Black

Do you have freckles? Yes

If yes, how many freckles do you have on unexposed areas of your skin? (Please circle as appropriate)

Many

Several

 A few

Very few

None

How does your skin respond to the sun? (Please circle as appropriate)

Always tans deeply

Always burns, blisters and peels

Tans moderately

Often burns, blisters and peels

 Tans lightly

Burns moderately

Not at all or tans very lightly

Burns rarely, if at all

My skin is naturally dark

Current Height (m): 1.80m**Current Weight (kg):** 72kg**Body type:** (Please circle as appropriate)

Athletic

Large

Muscular

 Slim**Eye Sight:** (Please circle as appropriate) I have normal eye sight

I am far sighted

I am near sighted

I wear corrective glasses/lenses: **No**My sight is surgically corrected: **No****Mention any distinguishing features you have:**

(e.g. cleft chin, dimples, hooked nose, roman nose, etc.)

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Education:

What is your basic qualification? GCSE

What is your highest qualification? GCSE Geography 'B'

Mention any additional qualifications you have: Practitioner level PRINCE2, Managing Successful Programmes, and Better Business Cases

What is your current occupation? Civil Servant

Mention other occupations you have had in the last 5 years:

Where do you see yourself in 10 years' time?

Senior Manager in Government Department, or private Project Management Consultant

Are you: (Please circle as appropriate) **Religious**

Atheist

Agnostic

If religious, what religion/belief do you follow?

A bit more information...**What is your:**

Mother tongue: English

Do you know any other languages? Some German

Favourite Food(s): I'm not fussy

Favourite sport(s): Distance running

Favourite TV show(s): Rarely watch TV. Nature documentaries if anything.

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Favourite Film(s):

Star Wars (all of them), Godfather trilogy, Goodfellas, Trainspotting etc

Favourite Music:

Classic rock, left-field pop, indie, avant-garde rock, 60's blues, 90's alternative rock etc.

Favourite Colour:

They're all fab.

Favourite animal(s): They're all fab.

Do you have any pets?

/ No I don't

Favourite Holiday Destination(s):

Historic British cities, New York, Germany

Favourite Cities:

Cambridge, London, New York, Berlin

How creative are you?

Fairly. I don't have regular creative hobbies but I can write original musical pieces.

Do you have tattoos? **Yes**

If yes, mention where and since when

Upper right arm has a [REDACTED] since 2002.

Do you have any body piercings? **No**

If yes, mention where and since when

Are you (circle as appropriate):

Right handed

Left handed

Ambidextrous

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What are your Interests & Hobbies?

Live music, record collecting, distance running, photography

How are your Athletic skills?

I'm a reasonably strong runner. Current 5km best is 20m 45s. Half Marathon 1h 42m 40s

How are your Mechanical skills?

Average!

What motivates you?

Solving problems, working in a team, developing new things from projects, seeing teams and communities develop from scratch...

What are your strengths and weaknesses?

I'm an original thinker - I tend to discard traditional methods quickly if they don't work. I tend to focus on bigger pictures, and take less interest in finer detail.

How is your relationship with your family?

Very good. No problems.

Describe yourself in 5 words:

Introverted, active, inquisitive, early riser

What kind of a person are you? (Please circle one of the two options for each attribute)

<input checked="" type="checkbox"/> Optimistic	----- or -----	<input type="checkbox"/> Pessimistic
<input type="checkbox"/> Assertive	----- or -----	<input checked="" type="checkbox"/> Passive
<input checked="" type="checkbox"/> Leader	----- or -----	<input type="checkbox"/> Follower
<input checked="" type="checkbox"/> Introverted	----- or -----	<input type="checkbox"/> Extroverted
<input checked="" type="checkbox"/> Quiet	----- or -----	<input type="checkbox"/> Expressive
<input type="checkbox"/> Doer	----- or -----	<input checked="" type="checkbox"/> Thinker

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Rate your intelligence from Howard Gardner's Multiple Intelligence Assessment: - mark 1 as most and 9 as least of your intelligence (*follow guidance notes below*):

Intelligence Category	Score (1-most, 9-least)
Naturalist (Understanding living things and reading nature)	8
Musical (Discerning sounds, their pitch, tone, rhythm, and timbre)	1
Logical-Mathematical (Quantifying things, making hypotheses and proving them)	2
Existential (Tackling the questions, of why we live, and why we die)	9
Interpersonal (Sensing people's feelings and motives)	4
Bodily-Kinaesthetic (Coordinating your mind and your body)	5
Linguistic (Finding the right words to express what you mean)	6
Intra-Personal (Understanding yourself, what you feel and what you want)	7
Spatial (Visualizing the world in 3D)	3

Naturalist Intelligence: Naturalist intelligence designates the human ability to discriminate among living things (plants, animals) as well as sensitivity to other features of the natural world (clouds, rock configurations). This ability was clearly of value in our evolutionary past as hunters, gatherers, and farmers; it continues to be central in such roles as botanist or chef. It is also speculated that much of our consumer society exploits the naturalist intelligences, which can be mobilized in the discrimination among cars, sneakers, kinds of makeup, and the like.

Musical Intelligence: Musical intelligence is the capacity to discern pitch, rhythm, timbre, and tone. This intelligence enables us to recognize, create, reproduce, and reflect on music, as demonstrated by composers, conductors, musicians, vocalist, and sensitive listeners. Interestingly, there is often an affective connection between music and the emotions; and mathematical and musical intelligences may share common thinking processes.

Logical-Mathematical Intelligence: Logical-mathematical intelligence is the ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations. It enables us to perceive relationships and connections and to use abstract, symbolic thought; sequential reasoning skills; and inductive and deductive thinking patterns.

Existential Intelligence: Sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die, and how did we get here.

Interpersonal Intelligence: Interpersonal intelligence is the ability to understand and interact effectively with others. It involves effective verbal and nonverbal communication, the ability to note distinctions among others, sensitivity to the moods and temperaments of others, and the ability to entertain multiple perspectives. Teachers, social workers, actors, and politicians all exhibit interpersonal intelligence. Young adults with this kind of intelligence are leaders among their peers, are good at communicating, and seem to understand others' feelings and motives.

Bodily-Kinaesthetic Intelligence: Bodily kinaesthetic intelligence is the capacity to manipulate objects and use a variety of physical skills. This intelligence also involves a sense of timing and the perfection of skills through mind-body union. Athletes, dancers, surgeons, and crafts people exhibit well-developed bodily kinaesthetic intelligence.

Linguistic Intelligence: Linguistic intelligence is the ability to think in words and to use language to express and appreciate complex meanings. Linguistic intelligence allows us to understand the order and meaning of words and to apply meta-linguistic skills to reflect on our use of language. Linguistic intelligence is the most widely shared human competence and is evident in poets, novelists, journalists, and effective public speakers. Young adults with this kind of intelligence enjoy writing, reading, telling stories or doing crossword puzzles.

Intra-personal Intelligence: Intra-personal intelligence is the capacity to understand oneself and one's thoughts and feelings, and to use such knowledge in planning and derationing one's life. Intra-personal intelligence involves not only an appreciation of the self, but also of the human condition. It is evident in psychologist, spiritual leaders, and philosophers. These young adults may be shy. They are very aware of their own feelings and are self-motivated.

Spatial Intelligence: Spatial intelligence is the ability to think in three dimensions. Core capacities include mental imagery, spatial reasoning, image manipulation, graphic and artistic skills, and an active imagination. Sailors, pilots, sculptors, painters, and architects all exhibit spatial intelligence. Young adults with this kind of intelligence may be fascinated with mazes or jigsaw puzzles, or spend free time drawing or daydreaming.

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What is your

Sexual Orientation: *(Please circle as appropriate)*

Homosexual **Heterosexual** Bisexual I do not wish to declare

Marital Status:

How many sexual partners have you had in the last 12 months? **3**

Your Lifestyle

Fertility status:

Do you have any children? **No**

Have you ever been responsible for a pregnancy other than above? **No**

Have you or your partner ever had a history of the following?

	<i>You</i>	<i>Your partner</i>
-HIV	No	
-Hepatitis	No	
-Syphilis	No	
-Gonorrhoea	No	
-Chlamydia	No	
-Trichomonas	No	
-Genital Warts	No	
-Genital Herpes	No	
-Penile Discharge	No	
-Any other STDs	No	No

Have you recently put yourself at risk of any sexually transmitted disease? **No**

If yes, please explain

Do you smoke? **No** If yes, how many on average a day?

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How many units of alcohol do you consume in a week? 10-15

Are you taking any medication? **No** If yes, then list them below:

1)	reason	started on
2)	reason	started on
3)	reason	started on

Are you taking any soft or hard drugs? **No** If yes, then list them below:

1)	since when?	current status
2)	since when?	current status
3)	since when?	current status

Have you had exposure to pesticide, chemicals, x-rays or other radiation source? **No**

If yes, then list them below

- 1) when & for how long?
- 2) when & for how long?
- 3) when & for how long?

List any surgeries you have had:

- 1) tooth extraction in the year 2001
- 2) tonsillectomy in the year 2004
- 3) in the year

About your decision.....

How did you hear about London Sperm Bank? internet

What are your reasons for becoming a sperm donor?

I'd like to help families struggling to conceive, and I'd like to leave a positive influence after I die.

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Donor Family Medical History (mark with X if none in family)

Donor Mother Father Sister/s Brother/s MGM MGF PGM PGF Aunt/s (Maternal) Uncle/s (Maternal) Cousin/s (Maternal) Aunt (Paternal) Uncle (Paternal) Cousin/s (Paternal) None in Family

Blood Diseases

Anaemia																X
Haemophilia																X
Haemoglobin Disease																X
Sickle Cell																X
Immune Deficiency																X
Thalassemia																X
Malaria																X

Cancer

Breast																X
Ovarian																X
Prostate																X
Lung									X							
Skin																X
Colon																X
Thyroid																X
Leukaemia																X
Other								X								
Tumour																X

Cardio Vascular Diseases

Stroke																X
Heart Attack																X
Coronary Heart Disease																X
High Blood Pressure - Hypertension																X
High Cholesterol/Triglycerides																X
Arteriosclerosis																X
Atherosclerosis																X
Hereditary Hypercholesterolemia																X
Congenital Heart Malformation																X

Comments: *(Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)*

PGM - isolated case of cancer of unknown diagnosis, no other family history of familial cancer
 PGF - died of lung cancer aged 40 (presumably related to smoking)

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	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
Congenital Malformations																
Cleft Lip																X
Cleft Palate																X
Club Foot																X
Congenital Hip Dislocation																X
Spina Bifida																X
Undescended Testicles																X
Malformations (Other)																X
Gastro-Intestinal Diseases																
Galls Stones																X
Hepatitis A																X
Hepatitis B																X
Ulcer of Stomach or Duodenum																X
Other Liver Disease																X
Colitis																X
Cystic Fibrosis																X
Genital/ Reproductive System																
Uterine Fibroids																X
Ovarian Cysts																X
Goitre																X
Other																X
Mental Health																
Depression						X				X						
Bipolar																X
Schizophrenia/Psychosis																X
Mental Retardation																X
Obsessive-Compulsive Disorder																X
Metabolic/ Endocrine Disease																
Type 1 Diabetes																X
Type 2 Diabetes						X										
Hypoglycaemia																X
Tay Sachs																X
Thyroid Disorder		X														

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

MGM - type 2 diabetes diagnosed in her mid 80s; non-medicated depression in her 90s
 Mat. aunt - depression, non-medicated (due to sudden death of two close family members)
 Mother - thyroid disorder in her 40s - on HRT since

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	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
Muscular/ Bones/ Joint Disease																
Gout																X
Arthritis						X	X									
Achondroplasia (Dwarfism)																X
Deformity of the Vertebral Column																X
Osteoporosis																X
Muscular Dystrophy																X
Other																X
Neurological Diseases																
ADD or ADHD																X
Autism/Asperger's																X
Cerebral Palsy																X
Disorders of the Spinal Cord																X
Dyslexia/ Other Learning Difficulties																X
Neural Neurone Disease																X
Hydrocephalus																X
Alzheimer's																X
Motor Neurone Disease																X
Epilepsy																X
Huntington's Disease																X
Multiple Sclerosis																X
Neural Tube Defect																X
Parkinson's Disease							X									
Delay in Growth & Development																X
Tourette Syndrome																X
Skin																
Albinism																X
Acne																X
Pigmentation Disorders																X
Eczema																X
Psoriasis						X										

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

MGM - arthritis (age of onset mid 80s), psoriasis in her 90s
 MGF - arthritis (age of onset mid 60s), Parkinson's Disease in his 70s

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	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
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Allergies and Respiratory Diseases

Allergies (Medication)				X												
Allergies (Food)																X
Allergies (Hay Fever)																X
Allergies (Insect)																X
Allergies (Other)																X
Allergies (Pet)																X
Emphysema									X							
Tuberculosis																X
Pneumonia																X
Asthma																X

Sight/ Sound/ Smell

Deafness																X
Deafness (Before age 50)																X
Other Hearing Anomalies																X
Eyesight (Blindness)																X
Eyesight (Colour Blindness)																X
Eyesight (Glaucoma)						X										
Cataracts before age 50																X
Other sight, sound, smell disorder																X

Urinary

Kidney Disease																X
Polycystic Kidneys																X
Disease of the Urinary Tract (Urethra, Bladder & Ureter)																X
Other																X

Other

Alcoholism	X															
Drug Abuse																X
Chromosomal Abnormalities																X
Down Syndrome																X

Any other conditions not listed or premature deaths due to illness?

						X										
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Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Sister - allergic to penicillin since childhood

MGM - glaucoma in her 90s

PGF - emphysema at 40 (cause of death)

PGM - unknown cancer aged 44 (cause of death)

Mother - alcoholism aged 30

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Biological Family Characteristics *(Delete as applicable)

Relative	Eye Colour	Hair Colour	Skin Tone	Build(Short/Medium/Tall)	Ethnic Group	Distinguishing Features (if any)	Alive/Deceased (age and reason if deceased)
Mother	Brown	Brown	Fair	Medium	White		Alive
Father	Green	Brown	Fair	Medium	White		Alive
Brother (Full / [REDACTED])*	Blue	Fair	Fair	Medium	White		
Sister (Full / [REDACTED])*	Blue	Brown	Fair	Short	White		Alive
Mat. Grandmother	Blue	Brown	Fair	Short	White		Died of old age, aged 98
Mat. Grandfather	Green	Brown	Fair	Medium	White		Died of Parkinsons Disease, aged 73
Mat. Aunt [REDACTED]*	Green	Brown	Fair	Medium	White		Alive

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Pen Sketch (Please write an essay about yourself i.e., describing your childhood, progressing towards your adult life in a few words, including some memorable events if you've had):

I was born in 1977, and I was the third and final child my parents had. We had a house that was slightly too small, and I shared a tiny room with my brother for the first 7 years of my life.

As a child, I loved cars and flags, and was usually drawing or talking about one or the other. I learned to read very easily, and my favourite books were encyclopaedia, from which I'd learn more and more flags. I've no idea why flags interested me, other than they were colourful, and made for a slightly more complex rote memory game than anything that other books could provide.

My family moved to a new and slightly bigger home when I was 7, and that meant leaving my infant school friends, and moving to a new town. I liked my new school, and particularly when lessons majored on Roman history or dinosaurs. I did well at junior school, and made fairly easy work of the maths and writing tasks.

Secondary school was a slightly different prospect, as for the first time, I had to grapple with things I didn't already know! Science and languages were straightforward enough. Home Economics and P.E. were absolutely dreadful experiences. Were I to go back to school again in my forties though, these would definitely be my two best subjects!

Halfway through secondary school, I became more interested in music, although I wasn't sure why, or what type of music. My only musical knowledge amounted to some records that my family had, and none of them really stood out as strong favourites until I was about 14, when I began to identify the styles and artists I was most at with. This relationship with music grew stronger every year, and hasn't ever left me. I learned to play a few instruments, such as guitar and keyboards so that I could always play along with anything simple enough. I didn't receive any formal training - I simply bought some self-tuition books, and spent my evenings hammering away until I was content.

I left school and started work at 16. I was on the books of some office temp agencies for two years, which gave me a good insight into the world of work at an early age. I didn't enjoy everything I did, but usually managed to get to the end of an assignment without being fired! Although by the time I was 20, I was beginning to seriously question what I wanted to do with my life. And by coincidental timing, an opportunity cropped up to take part in an Outward Bound sail training exercise, and spend two weeks crewing a tall ship [REDACTED]. I loved it. And I couldn't face going back to an office that barely knew I existed.

I picked up a ship crewing job [REDACTED] just after my 22nd birthday. I spent six months living as a deck-hand, which turned out to be far less fun than I imagined, mainly because it involved going without eating properly, sleeping or being adequately paid. I then travelled [REDACTED] with my then-girlfriend to work as a bartender, and began training as an TEFL English Teacher. This I thought was a good life, mainly because my work involved either being in a pub, or being surrounded by students who were there to listen to me. This may well have been the first time in my life I did a quantity of talking, as opposed to being talked at!

I returned to England, and began a career in the Civil Service when I was 23, and I remain in public service to this day. I married when I was 34, although we separated four years later. Around the time of my 30th birthday, I decided to get some fresh air and exercise one morning, and go for a jog along the seafront near to where I was living. I think I only managed about 3 minutes of actual jogging, but I was sufficiently convinced that I could make a go of it. Ten years later, I'm an active member of a local running club, I organise running events, and have received an award from my local authority for my work with co-ordinating running events for the wider community. I have also run two marathons, and am currently beginning to prepare for a third.

Volunteering has been a large part of my life. The running events I help to organise and create are my third volunteering career. I served three years as a Special Constable, and following this, I co-ordinated community clear-ups and litterpicks, and became something of a (peaceful) activist for public cleanliness.

I currently live alone, and spend my life working in a decent job that I enjoy in the Civil Service. I run frequently, and have a very good social life based around running and music. I live alone, and enjoy decorating (yes, really!) and cooking. I don't have any children, and have no plans to raise any of my own.

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Goodwill Message for recipients using your donations:

Thank you for choosing my donations, and I wish you the best of luck with your treatment. I sincerely hope you're given a chance to raise a baby, and I hope you and your family have a great time watching each other learn and grow.

I'm extremely fortunate in that I've always had good health, and I've been raised by a good family, just as yours will one day be. I haven't troubled the doctors or the Police much in my life, and have generally kept my head down and stayed out of trouble!

I've spent much of my adult life volunteering, and looking for ways to genuinely give back to a society which has treated me well. I decided, and with the help of the clinic, that making these donations and helping grow a strong family was possibly the most meaningful contribution I could make - and I hope that it is.

I hope the treatment goes well, and I look forward to one day being given the news that you've had a child of your own.

Yours sincerely.

Goodwill Message for children born from your donations:

Hello, and welcome to the fairly strange and surreal experience of receiving a this letter! I've had comparatively little to do with your existence so far - your parents have done all the hard work, and you won't forget that.

It would be easy to write a note to you which simply advises you to be like me. Be musical, be outgoing. be athletic .. etc. But you've probably already had quite a lot of adults telling you what you should and shouldn't do with your life, so I'll try to keep it simple.

I was once given a crucial piece of advice at the age of 36. It was simply that I had a personal responsibility to be happy, and to make myself happy. That advice blew my mind, and turned my world upside down, believe it or not. Nobody else need influence my decisions, regardless of how close they were, or how committed I was seeing them happy. Happiness is something you owe to yourself.

It might take you until a later stage in life to find the measure of happiness you think you want. Or you might have already found it by the time you're reading this note. I'll never know.

Anyway - that's the big stuff. The small stuff, which probably goes without saying, is that I hope you live the best possible life. My own idea of what constitutes the best possible life is utmost kindness to animals; good manners to other people; and fresh air and exercise. I find that if I can squeeze these three things into a single day, then it's a good day. And obviously, I wish you as many good days in your life as I've had in mine.

I've no idea at what point in the future you'll read this note. It might be in the 2030s, or it might not. Frankly, I've no idea what the world and society will look like. I'm writing this in November 2018, and I'm sure you're bright enough to have read the history of my time.

If you could just take three things from this note, please try to remember:

1. Your family loved you very much long before you even existed. So much so, they undertook an extremely expensive and difficult method of being with you.
2. Anger is the most awful waste of energy, and even in the smallest, and weakest person, it can have a terrible effect on others.
3. Every single day is an opportunity to show kindness and compassion to animals.

Donor #1546

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