

The space below is provided for you to give a description of yourself as a person. This information may be passed to anyone born as a result of your donation, and to parents intending to talk to children about their origins. The type of information that may be helpful could include your education, achievements, values and life experiences. Try to imagine yourself as a donor conceived person and think about what you might wish to know.

This information should not be identifying information since it will be offered to the recipient family prior to the off spring reaching the age of 18years.

Description of myself as a person

**Origins**

I was born in [REDACTED] Russia, where my family lived for many generations. My parents got divorced shortly before I was born, and I was brought up by my mother and my grandmother. I was born left-handed and then retrained to be right-handed so grew up ambidextrous.

**Education**

I studied at a school specialising in maths and physics, and then entered [REDACTED] State Technical University where I did BSc and MSc in Applied Mechanics. I left Russia when I was invited at the age of 23 to do a PhD in Mechanical Engineering at [REDACTED] University that I was awarded at the age of 27. I then studied for a business degree in high-tech entrepreneurship under [REDACTED] Scholarship for a year in London [REDACTED] University.

**Achievements**

I worked as a Lecturer [REDACTED] for 4 years at [REDACTED] University, during which I published over a dozen scientific papers and was awarded a permanent position just before I resigned in 2009 to start my own business – a private psychology practice. In my work as a psychologist, I help people to create and develop happy personal and family relationships. I also help men to develop their masculinity and live passionate, purposeful lives. In 2011, I took the role of a Managing Director for our business together with my life partner [REDACTED]. The main purpose of our business at present is educating people in Innate Health & creating wellbeing regardless of circumstances. We help war veterans and Special Forces servicemen suffering from PTSD as well as people with severe childhood abuse histories. In sport, I have trained in martial arts for over 10 years, achieving a Black Belt in karate and getting skilled in Krav Maga. I have also made good progress with rock climbing which I have recently taken up.

**Personality**

My friends would characterise me as extremely determined, persistent and strong-willed on one hand, and very kind and generous on the other. I am quite tidy and organised. I am also very intuitive in my work as a psychologist. My partner describes me as "in touch with his feminine side, but very masculine at the same time".

**Values**

Freedom, Honesty and personal integrity are my highest values. It is very important to me to do what I love and to have fun and adventure in my life. It may sound corny, but nevertheless: I strive for helping the Earth to become a happier place to live for everyone.

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