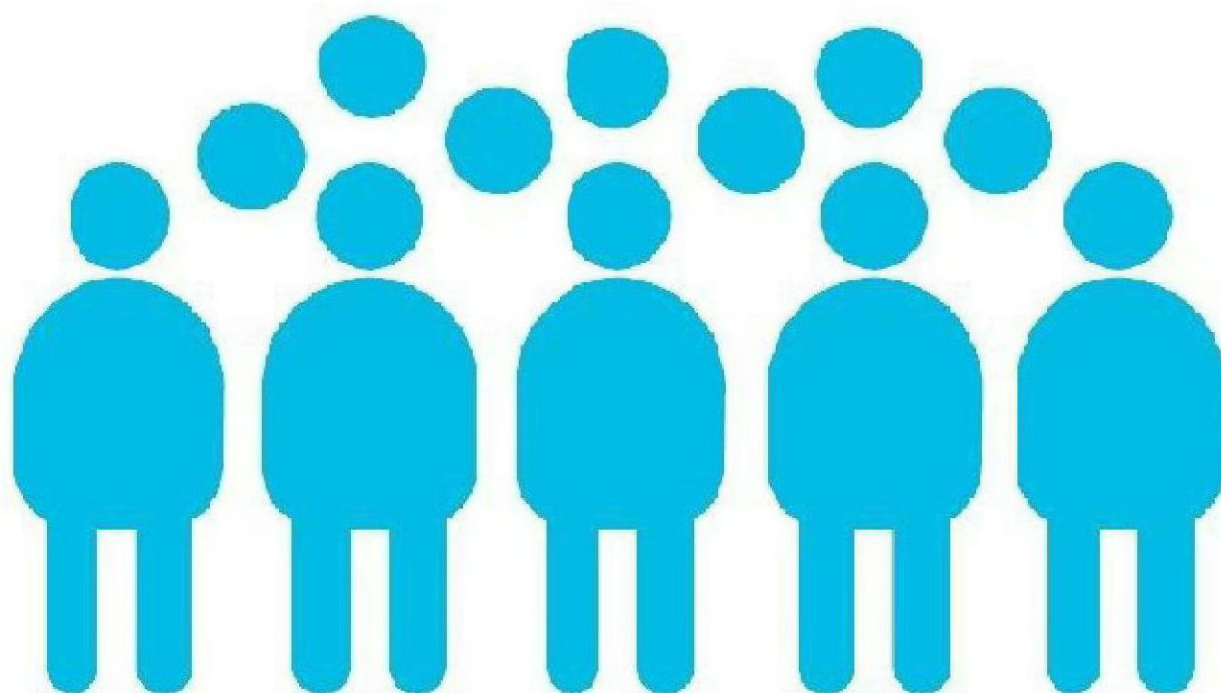


# Extended Profile

Catalogue # 1580

London  
Sperm  
Bank



## Donor Extended Profile

### Donor Attribute

**Year of Birth:**

**Your Origins: -**

**Town/State/County of Birth:**

**Country of Birth:**



**Race: - Ethnicity:** Caucasian

If mixed or other, please specify:

Asian Indian (please specify region/community you belong to):



**Your Nationality:**

**Personal Characteristics: -**

**Eye Colour:** (Please click to select; you may mark more than one colour as appropriate)

Blue  Green  Brown  Grey  Hazel  Other:

**Natural Hair Colour:** (Please click to select as appropriate)

Black  Dark Brown  Light Brown  Light Blond  Dark Blond  Red

Other:

Your hair colour as a child



**Hair type:** (Please click to select; you may mark more than one type as appropriate)

Straight  Wavy  Curly  Afro

Balding (Age of onset):

Receding (Age of onset):



**Hair Texture:** (Please click to mark as appropriate):

Normal  Frizzy  Thin  Coarse  Smooth  Silky

**Skin Tone:** (Please click to mark as appropriate)

- Very Fair       Light Brown       Olive  
 Fair       Medium Brown       Medium Black  
 Medium Fair       Dark Brown       Dark  
 Black

**Do you have freckles?** Yes

If yes, how many freckles do you have on unexposed areas of your skin? (Please click to mark as appropriate)

- Many       Several       A Few       Very Few       None

**How does your skin respond to the sun?** (Please click each column to mark as appropriate)

- Always tans deeply       Always burns, blisters and peels  
 Tans moderately       Often burns, blisters and peels  
 Tans lightly       Burns moderately  
 Not at all or tans very lightly       Burns rarely, if at all  
 My skin is naturally dark

**Current Height (m):**

**Current Weight (kg):**

**Body type:** (Please click to mark as appropriate)

- Athletic       Large       Muscular       Slim

**Eye Sight:**

- Normal Sighted       Long Sighted       Short Sighted

I wear corrective glasses/lenses: Yes

My sight is surgically corrected: No

**Mention any distinguishing features you have:** (e.g. cleft chin, dimples, hooked nose, roman nose, etc.)

**Education:**

What is your basic qualification?

What is your highest qualification?

Certificate of Higher Education in Chemistry

Mention any additional qualifications you have:

What is your current occupation?

Retail Management

Mention other occupations you have had in the last 5 years:

Where do you see yourself in 10 years' time?

I will still be part of my loving family and anything else will be a bonus.

**Are you?**

Religious       Agnostic       Non Religious       Atheist

If religious, what religion/belief do you follow?

I am religious but I do not have a specific faith.



**A bit more information...****What is your:**

Mother tongue:

English

Do you know any other languages?

Favourite Food(s):

Sushi, Toad in the Hole, Salmon

Favourite sport(s):

Judo, Tennis, Athletics

Favourite TV show(s):

West Wind, Doctor Who, Battlestar Galactica

Favourite Film(s):

Almost Famous, Infernal Affairs, Inception

Favourite Music:

Bruce Sprinasteen, The Who, Alter Bridae

Favourite Colour:

Dark Blue

Favourite animal(s):

Irish Wolfhound

Do you have any pets? No

If yes, which pets do you have?

Favourite Holiday Destination(s):

Amsterdam

Favourite Cities:

Leeds, Norwhich, Amsterdam

How creative are you?

Not very

Do you have tattoos? No

If yes, mention where and since when

Do you have any body piercings? No

If yes, mention where and since when?

Are you?

 Right Handed Left Handed Ambidextrous

What are your Interests &amp; Hobbies?

Judo and Films

How are your Athletic skills?

Very Good. I can play any sport except field hockey and snooker

How are your Mechanical skills?

I am good with my hands and can pick things up quickly

What motivates you?

I enjoy hard work

What are your strengths and weaknesses?

How is your relationship with your family?

We have a good relationship

Describe yourself in 5 words:

Quiet, strong, loyal, perceptive, loving

What kind of a person are you? *(Please select one of the two options for each attribute)*

- |  |  |
|--|--|
| <input checked="" type="radio"/> Optimistic  | <input type="radio"/> Pessimistic        |
| <input checked="" type="radio"/> Assertive   | <input type="radio"/> Passive            |
| <input checked="" type="radio"/> Leader      | <input type="radio"/> Follower           |
| <input checked="" type="radio"/> Introverted | <input type="radio"/> Extroverted        |
| <input checked="" type="radio"/> Quiet       | <input type="radio"/> Expressive         |
| <input type="radio"/> Doer                   | <input checked="" type="radio"/> Thinker |

Rate your intelligence from Howard Gardner's Multiple Intelligence Assessment: - mark 1 as most and 9 as least of your intelligence (*follow guidance notes below*):

<b>Intelligence Category</b>	<b>Score</b> (1-most, 9-least)
<b>Naturalist</b> (Understanding living things and reading nature)	<b>8</b>
<b>Musical</b> (Discerning sounds, their pitch, tone, rhythm, and timbre)	<b>9</b>
<b>Logical-Mathematical</b> (Quantifying things, making hypotheses and proving them)	<b>1</b>
<b>Existential</b> (Tackling the questions, of why we live, and why we die)	<b>5</b>
<b>Interpersonal</b> (Sensing people's feelings and motives)	<b>7</b>
<b>Bodily-Kinaesthetic</b> (Coordinating your mind and your body)	<b>2</b>
<b>Linguistic</b> (Finding the right words to express what you mean)	<b>6</b>
<b>Intra-Personal</b> (Understanding yourself, what you feel and what you want)	<b>4</b>
<b>Spatial</b> (Visualizing the world in 3D)	<b>3</b>

**Naturalist Intelligence:** Naturalist intelligence designates the human ability to discriminate among living things (plants, animals) as well as sensitivity to other features of the natural world (clouds, rock configurations). This ability was clearly of value in our evolutionary past as hunters, gatherers, and farmers; it continues to be central in such roles as botanist or chef. It is also speculated that much of our consumer society exploits the naturalist intelligences, which can be mobilized in the discrimination among cars, sneakers, kinds of makeup, and the like.

**Musical Intelligence:** Musical intelligence is the capacity to discern pitch, rhythm, timbre, and tone. This intelligence enables us to recognize, create, reproduce, and reflect on music, as demonstrated by composers, conductors, musicians, vocalist, and sensitive listeners. Interestingly, there is often an affective connection between music and the emotions; and mathematical and musical intelligences may share common thinking processes.

**Logical-Mathematical Intelligence:** Logical-mathematical intelligence is the ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations. It enables us to perceive relationships and connections and to use abstract, symbolic thought; sequential reasoning skills; and inductive and deductive thinking patterns.

**Existential Intelligence:** Sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die, and how did we get here.

**Interpersonal Intelligence:** Interpersonal intelligence is the ability to understand and interact effectively with others. It involves effective verbal and nonverbal communication, the ability to note distinctions among others, sensitivity to the moods and temperaments of others, and the ability to entertain multiple perspectives. Teachers, social workers, actors, and politicians all exhibit interpersonal intelligence. Young adults with this kind of intelligence are leaders among their peers, are good at communicating, and seem to understand others' feelings and motives.

**Bodily-Kinaesthetic Intelligence:** Bodily kinaesthetic intelligence is the capacity to manipulate objects and use a variety of physical skills. This intelligence also involves a sense of timing and the perfection of skills through mind-body union. Athletes, dancers, surgeons, and crafts people exhibit well-developed bodily kinaesthetic intelligence.

**Linguistic Intelligence:** Linguistic intelligence is the ability to think in words and to use language to express and appreciate complex meanings. Linguistic intelligence allows us to understand the order and meaning of words and to apply meta-linguistic skills to reflect on our use of language. Linguistic intelligence is the most widely shared human competence and is evident in poets, novelists, journalists, and effective public speakers. Young adults with this kind of intelligence enjoy writing, reading, telling stories or doing crossword puzzles.

**Intra-personal Intelligence:** Intra-personal intelligence is the capacity to understand oneself and one's thoughts and feelings, and to use such knowledge in planning and derationing one's life. Intra-personal intelligence involves not only an appreciation of the self, but also of the human condition. It is evident in psychologist, spiritual leaders, and philosophers. These young adults may be shy. They are very aware of their own feelings and are self-motivated.

**Spatial Intelligence:** Spatial intelligence is the ability to think in three dimensions. Core capacities include mental imagery, spatial reasoning, image manipulation, graphic and artistic skills, and an active imagination. Sailors, pilots, sculptors, painters, and architects all exhibit spatial intelligence. Young adults with this kind of intelligence may be fascinated with mazes or jigsaw puzzles, or spend free time drawing or daydreaming.

**Your Lifestyle .....**

**Fertility status:**

Do you have any children? Yes

If yes:      How many boys? 1              How many Girls? 1

Have you ever been responsible for a pregnancy other than above? No

**Have you or your partner ever had a history of the following?**

	<i><b>You</b></i>	<i><b>Your partner</b></i>
-HIV	No	No
-Hepatitis	No	No
-Syphilis	No	No
-Gonorrhoea	No	No
-Chlamydia	No	No
-Trichomonas	No	No
-Genital Warts	No	No
-Genital Herpes	No	No
-Penile Discharge	No	No
-Any other STDs	No	No

Have you recently put yourself at risk of any sexually transmitted disease? No

If yes, please explain:

Do you smoke? No      If yes, how many on average a day? N/A

How many units of alcohol do you consume in a week?      None

Are you taking any soft or hard drugs? No      If yes, then list them below:

	Drug	Since when?	Current status
1			

Are you taking any medication? No                      If yes, then list them below:

	Medication	Reason	Started on
1			
2			
3			

Have you had exposure to pesticide, chemicals, x-rays or other radiation source? No

If yes, then list them below:

	Source	When & for how long?
1		
2		
3		

List any surgeries you have had: None

	Surgery	In the year
1		
2		
3		

### About your decision.....

How did you hear about London Sperm Bank?

Social Media
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What are your reasons for becoming a sperm donor?

My wife doesn't want any more children, so before I get a vasectomy I would like to donate to help out any families that do want children.
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	Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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**Congenital Malformations**

Cleft Lip																		X
Cleft Palate																		X
Club Foot																		X
Congenital Hip Dislocation																		X
Spina Bifida																		X
Undescended Testicles																		X
Malformations (Other)																		X

**Gastro-Intestinal Diseases**

Galls Stones																		X
Hepatitis A																		X
Hepatitis B																		X
Ulcer of Stomach or Duodenum																		X
Other Liver Disease																		X
Colitis																		X
Cystic Fibrosis																		X

**Genital/ Reproductive System**

Uterine Fibroids																		X
Ovarian Cysts																		X
Goitre																		X
Other																		X

**Mental Health**

Depression																		X
Bipolar																		X
Schizophrenia/Psychosis																		X
Mental Retardation																		X
Obsessive-Compulsive Disorder																		X

**Metabolic/ Endocrine Disease**

Type 1 Diabetes																		X
Type 2 Diabetes																		X
Hypoglycaemia																		X
Tay Sachs																		X
Thyroid Disorder																		X

**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

	Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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Muscular/ Bones/ Joint Disease

Gout																		X
Arthritis																		X
Achondroplasia (Dwarfism)																		X
Deformity of the Vertebral Column																		X
Osteoporosis																		X
Muscular Dystrophy																		X
Other																		X

Neurological Diseases

ADD or ADHD																		X
Autism/Asperger's*																		X
Cerebral Palsy																		X
Disorders of the Spinal Cord																		X
Dyslexia/ Other Learning Difficulties																		X
Neural Neurone Disease																		X
Hydrocephalus																		X
Alzheimer's																		X
Motor Neurone Disease																		X
Epilepsy																		X
Huntington's Disease																		X
Multiple Sclerosis																		X
Neural Tube Defect																		X
Parkinson's Disease																		X
Delay in Growth & Development																		X
Tourette Syndrome																		X

Skin

Albinism																		X
Acne																		X
Pigmentation Disorders																		X
Eczema																		X
Psoriasis																		X

**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

\*Donor's Nephew - Autism (7)



Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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**Allergies and Respiratory Diseases**

Allergies (Medication)																	X
Allergies (Food)	X																X
Allergies (Hay Fever)																	X
Allergies (Insect)																	X
Allergies (Other)	X																
Allergies (Pet)																	X
Emphysema																	X
Tuberculosis																	X
Pneumonia																	X
Asthma																	X

**Sight/ Sound/ Smell**

Deafness																	X
Deafness (Before age 50)																	X
Other Hearing Anomalies																	X
Eyesight (Blindness)																	X
Eyesight (Colour Blindness)																	X
Eyesight (Glaucoma)																	X
Cataracts before age 50																	X
Other sight, sound, smell disorder																	X

**Urinary**

Kidney Disease																	X
Polycystic Kidneys																	X
Disease of the Urinary Tract (Urethra, Bladder & Ureter)																	X
Other																	X

**Other**

Alcoholism																	X
Drug Abuse																	X
Chromosomal Abnormalities																	X
Down Syndrome																	X

**Any other conditions not listed or premature deaths due to illness?**

																	X
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**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Donor - Plaster Allergy, Donor's daughter - Milk, Soy and Eggs (Birth)

## Biological Family Characteristics

Relative	Eye Colour	Hair Colour	Skin Tone	Build(Short/Medium/Tall)	Ethnic Group	Distinguishing Features (if any)	Alive/Deceased (age and reason if deceased)
Donor's Child	Amber	Red	Fair		White		Alive
Donor's Child	Grey	Red	Fair		White		Alive
Mother	Green	Brown	Fair	Medium	White		Deceased, 47, Cancer
Father		Brown	Fair	Medium	White		Alive
Sister		Brown	Fair	Short	White		Alive
Mat. Grandmother		Brown			White		Deceased
Mat. Grandfather		Red			White		Deceased
Pat. Grandmother		Brown			White		Deceased
Pat. Grandfather		Brown			White		Deceased

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**Pen Sketch** *(Please write an essay about yourself i.e., describing your childhood, progressing towards your adult life in a few words, including some memorable events if you've had):*

I was a quiet child, but my older sister made up for that. We were a strong family unit, we didn't have a lot but we had the odd foreign vacation and a few perks at home. My Mother and Father never let on when we were really struggling for money. I don't remember my mother and father ever arguing in front of us, if there was ever any tension over something they always presented a united front. My parents always let me express myself how I wanted and would never push me to do anything I didn't want to do.

As I've grown up, I have become a very laid-back person. I practice the philosophy of 'If it bothers you, change it. If you can't change it, don't let it bother you'.

At school I was in the top set of my year but was nowhere near being the most studious child, I did just enough to pass. I have always been more of a sporty person, I tend to do well at most sports I participate in (except field hockey, stupid game) I used to run cross country [REDACTED] I was a member of an athletics club, I have played football and rugby but, the sport I have done the most is Judo. I have qualifications in refereeing and coaching, I started when I was 5 and have been awarded my black belt. I have never been that interested in competitions, I have concentrated on trying to learn the best possible Judo, rather than winning as many medals as I can.

I went to university at a late age. I felt it was something I had to experience, and I did a lot of growing there. I went through some personal problems while I was there and couldn't finish but, since then I have registered [REDACTED] and am close to finally getting my degree. I studied Chemistry at University and was good at inorganic chemistry but terrible at all the advanced maths like quantum mechanics.

I work in retail. I fell into it after leaving school and haven't been able to get out. I have plans to move into office work as retail is a thankless career. I am good at it and am a manager but, shift work is hard on my myself and my family. It will seem silly to most people but, at the moment, my dream job is a 9-5 desk job.

I am well travelled. I know my way around all major cities in the UK, except Liverpool. I have been to America and various European countries. I enjoy travelling but, I'm not a huge fan of new places. I don't tend to, properly, enjoy places I visit until I've been there a few times and I've found my favourite spots and all the little shortcuts to get where I'm going.

My family and I have just started an adventure by moving to the seaside and when the kids are grown up and gone I imagine my wife and I will go travelling and move somewhere else again.

Even though I like familiarity, I enjoy a challenge. I have good physical endurance. I have walked up mountains in my spare time and run half marathons because I was bored on a Sunday afternoon. I hope to walk up Mt. Kilimanjaro one day.

I enjoy media. I love reading books, watching films and listening to music. My favourite musical artists are; Bruce Springsteen, Alter Bridge, The Subways, The Who, The Manic Street Preachers and KT Tunstall.

My favourite books are; Harry Potter, anything by Brandon Sanderson, The Green Mile, K-Pax, One Day and The Perks of Being a Wallflower.

Some of my favourite films are; Infernal Affairs, Super Troopers, Jurassic Park, Munich, Crazy Stupid Love, WALL-E, Looper, Almost Famous, anything by Wes Anderson, Whiplash, The Apartment, Blazing Saddles, Inception, Pleasantville...the list goes on and on.

My favourite sports are; Judo, Tennis, Badminton and Athletics.

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I love dogs. I am slowly trying to wear my wife down to allow me to have an Irish Wolfhound (Google them!). I had a dog when I was growing up and we were like brothers. I used to lie on the floor with him, using his body as a pillow. I hate cats though...really, really hate cats. Nasty creatures.

The most important thing to me in my life is my family. It has at times held back my career as I will always choose my family over my career but, I will never any regrets in doing that.

I will always help someone that asks for it and I am never ashamed to ask for help. Aside from sport (where I hate team games), I try and make everything a team effort. Even if it's just asking someone for their opinion on my finished work.

I believe in allowing people to explore and express who they are. I don't subscribe to boy's and girl's toys and clothes. I try not say someone can't do something unless they physically can't do it.

I hope that any families I help come together have the ups and downs, the love, the heartbreak and the excellent adventures that I have been able to experience so far.

## **Goodwill Message for children born from your donations:**

I would never dare give someone life advice, your life is your own.

But, I would like to share 7 things The Doctor says about life;

'The way I see it, every life is a pile of good things and bad things. The good things don't always soften the bad things, but vice versa, the bad things don't necessarily spoil the good things or make them unimportant.'

'Courage isn't just a matter of not being frightened, you know. It's being afraid and doing what you have to do anyway.'

'There's no point in being grown up if you can't be childish sometimes.'

'Some people live more in twenty years than others do in eighty. It's not the time that matters, it's the person.'

'Everything's got to end sometime. Otherwise nothing would ever get started.'

'All the elements in your body were forged many, many millions of years ago in the heart of a far-away star that exploded and died. That explosion scattered those elements across the desolations of deep space. After so, for many millions of years these elements came together to form new stars and new planets. And on and on it went. The elements came together and burst apart forming shoes and ships and sealing wax and cabbages and kings. Until, eventually, they came together to make you. You are unique in the universe.'

'Always take a banana to a party.'

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