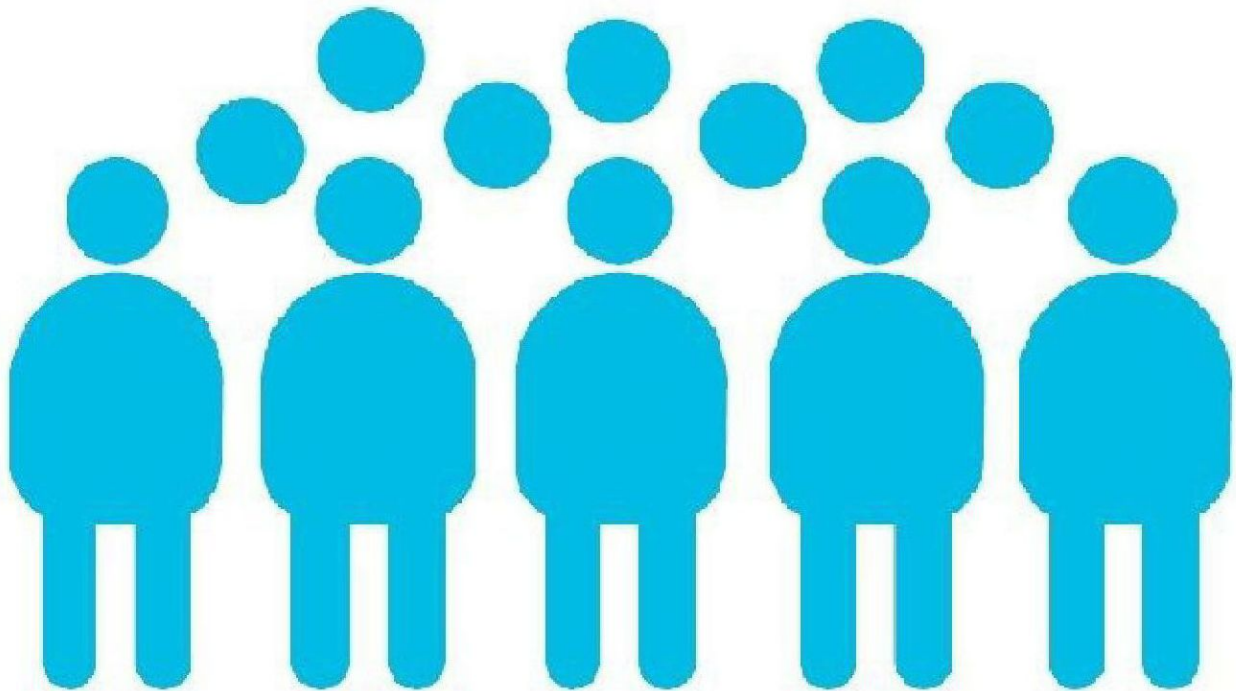


# Extended Profile

Catalogue # 1446

London  
Sperm  
Bank



## Donor Extended Profile

### Donor Attributes

Your Origins: -

**Town/State/County of Birth:**

**Country of Birth:**

**Race: - Ethnicity:** Jewish

If mixed or other, please specify:

Asian Indian (please specify region/community you belong to):

**Your Nationality:**

**Personal Characteristics: -**

**Eye Colour:** (Please click to select; you may mark more than one colour as appropriate)

Blue  Green  Brown  Grey  Hazel  Other:

**Natural Hair Colour:** (Please click to select as appropriate)

Black  Dark Brown  Light Brown  Light Blond  Dark Blond  Red

Other:

Your hair colour as a child

**Hair type:** (Please click to select; you may mark more than one type as appropriate)

Straight  Wavy  Curly  Afro

Balding (Age of onset):

Receding (Age of onset):

**Hair Texture:** (Please click to mark as appropriate):

Normal  Frizzy  Thin  Coarse  Smooth  Silky

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**Skin Tone:** (Please click to mark as appropriate)

- Very Fair       Light Brown       Olive  
 Fair       Medium Brown       Medium Black  
 Medium Fair       Dark Brown       Dark  
 Black

**Do you have freckles?** No

If yes, how many freckles do you have on unexposed areas of your skin? (Please click to mark as appropriate)

- Many       Several       A Few       Very Few       None

**How does your skin respond to the sun?** (Please click each column to mark as appropriate)

- Always tans deeply       Always burns, blisters and peels  
 Tans moderately       Often burns, blisters and peels  
 Tans lightly       Burns moderately  
 Not at all or tans very lightly       Burns rarely, if at all  
 My skin is naturally dark

**Current Height (m):**

1.82

**Current Weight (kg):**

75

**Body type:** (Please click to mark as appropriate)

- Athletic       Large       Muscular       Slim

**Eye Sight:**  Normal Sighted       Long Sighted       Short Sighted

I wear corrective glasses/lenses: Yes

My sight is surgically corrected: No

**Mention any distinguishing features you have:** (e.g. cleft chin, dimples, hooked nose, roman nose, etc.)

Strong jaw

**Donor #1446**

**Education:**

What is your basic qualification?

GCSEs, A-Levels

What is your highest qualification?

Maactoc (filmmaking)

Mention any additional qualifications you have:

What is your current occupation?

Freelance camera operator, Editor

Mention other occupations you have had in the last 5 years:

Film producer's assistant, researcher/ reader, customer service

Where do you see yourself in 10 years' time?

Making a living as a filmmaker, ideally largely independently, probably not in the UK.

**Are you?**  Religious  Agnostic  Non Religious  Atheist

If religious, what religion/belief do you follow?

Donor #1446

## A bit more information...

### What is your:

Mother tongue:

English

Do you know any other languages?

Beginner French

Favourite Food(s):

Ice cream, hummus, watermelon, salt beef

Favourite sport(s):

I've never played much sports, but I like tennis and swimming

Favourite TV show(s):

The Wire, Mad Men, Nathan For You, Garth Marenghi's Darkplace

Favourite Film(s):

The Cremator, The Devils, Holy Motors, Paul Thomas Anderson

Favourite Music:

Some Hip-Hop, Swans, Ambient

Favourite Colour:

Blue, Black

Favourite animal(s):

Cats, dogs...I like animals. Lizards and fish not so much, however.

Do you have any pets? Yes  If yes, which pets do you have?

Yes, I have a cat, and I grew up with cats.

Favourite Holiday Destination(s):

Austin, Texas, and the Finnish countryside, for two film shoots in 2016.

Favourite Cities:

I am not sure I have any...maybe Brighton.

How creative are you?

I've had particularly creative periods (my early 20s, late university and film school)

Do you have tattoos? Yes  If yes, mention where and since when

I have a tattoo on my left arm, and got it on my 28th birthday.

Do you have any body piercings? No  If yes, mention where and since when?

Are you?  Right Handed  Left Handed  Ambidextrous

What are your Interests & Hobbies

Filmmaking, photography, reading and writing

How are your Athletic skills?

I do very little, so I can't imagine I'm brilliant, but my coordination and the like is good.

How are your Mechanical skills?

Good, and they're involved often in my work.

Donor #1446



## What motivates you?

Honestly, motivation is a huge struggle, but I'm at my most productive, creative, social, stimulated - which has been writing, working on and editing films - I'm eager for the push of making something and with good company, expanding my capabilities, and my thinking. Good reading does the same thing, motivates you to keep looking for more ways to think.

## What are your strengths and weaknesses?

I can be very good-humoured, I'm a good bilateral thinker, I can be very open minded and I want to make sure I'm descent and reasonable, I do like to branch out. But then my weaknesses can be getting bogged down in being afraid of things... self-consciousness, I can be anxious. But it's worth nothing that having been in therapy for the past two years has made great improvements, and I'm eager to keep indulging weaknesses and difficulties I have the capacity to improve upon.

## How is your relationship with your family?

We're not very close, but the older I get the more our relationships improve.

## Describe yourself in 5 words:

Curious, Sensitive, Introverted

## What kind of a person are you? (Please select one of the two options for each attribute)

- |                                              |                                              |
|----------------------------------------------|----------------------------------------------|
| <input type="radio"/> Optimistic             | <input checked="" type="radio"/> Pessimistic |
| <input type="radio"/> Assertive              | <input checked="" type="radio"/> Passive     |
| <input checked="" type="radio"/> Leader      | <input type="radio"/> Follower               |
| <input checked="" type="radio"/> Introverted | <input type="radio"/> Extroverted            |
| <input type="radio"/> Quiet                  | <input checked="" type="radio"/> Expressive  |
| <input type="radio"/> Doer                   | <input checked="" type="radio"/> Thinker     |

Donor #1446

Rate your intelligence from Howard Gardner's Multiple Intelligence Assessment: - mark 1 as most and 9 as least of your intelligence (*follow guidance notes below*):

<b>Intelligence Category</b>	<b>Score</b> (1-most, 9-least)
<b>Naturalist</b> (Understanding living things and reading nature)	<b>9</b>
<b>Musical</b> (Discerning sounds, their pitch, tone, rhythm, and timbre)	<b>2</b>
<b>Logical-Mathematical</b> (Quantifying things, making hypotheses and proving them)	<b>5</b>
<b>Existential</b> (Tackling the questions, of why we live, and why we die)	<b>4</b>
<b>Interpersonal</b> (Sensing people's feelings and motives)	<b>3</b>
<b>Bodily-Kinaesthetic</b> (Coordinating your mind and your body)	<b>7</b>
<b>Linguistic</b> (Finding the right words to express what you mean)	<b>1</b>
<b>Intra-Personal</b> (Understanding yourself, what you feel and what you want)	<b>6</b>
<b>Spatial</b> (Visualizing the world in 3D)	<b>8</b>

**Naturalist Intelligence:** Naturalist intelligence designates the human ability to discriminate among living things (plants, animals) as well as sensitivity to other features of the natural world (clouds, rock configurations). This ability was clearly of value in our evolutionary past as hunters, gatherers, and farmers; it continues to be central in such roles as botanist or chef. It is also speculated that much of our consumer society exploits the naturalist intelligences, which can be mobilized in the discrimination among cars, sneakers, kinds of makeup, and the like.

**Musical Intelligence:** Musical intelligence is the capacity to discern pitch, rhythm, timbre, and tone. This intelligence enables us to recognize, create, reproduce, and reflect on music, as demonstrated by composers, conductors, musicians, vocalists, and sensitive listeners. Interestingly, there is often an affective connection between music and the emotions; and mathematical and musical intelligences may share common thinking processes.

**Logical-Mathematical Intelligence:** Logical-mathematical intelligence is the ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations. It enables us to perceive relationships and connections and to use abstract, symbolic thought; sequential reasoning skills; and inductive and deductive thinking patterns.

**Existential Intelligence:** Sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die, and how did we get here.

**Interpersonal Intelligence:** Interpersonal intelligence is the ability to understand and interact effectively with others. It involves effective verbal and nonverbal communication, the ability to note distinctions among others, sensitivity to the moods and temperaments of others, and the ability to entertain multiple perspectives. Teachers, social workers, actors, and politicians all exhibit interpersonal intelligence. Young adults with this kind of intelligence are leaders among their peers, are good at communicating, and seem to understand others' feelings and motives.

**Bodily-Kinaesthetic Intelligence:** Bodily kinaesthetic intelligence is the capacity to manipulate objects and use a variety of physical skills. This intelligence also involves a sense of timing and the perfection of skills through mind-body union. Athletes, dancers, surgeons, and crafts people exhibit well-developed bodily kinaesthetic intelligence.

**Linguistic Intelligence:** Linguistic intelligence is the ability to think in words and to use language to express and appreciate complex meanings. Linguistic intelligence allows us to understand the order and meaning of words and to apply meta-linguistic skills to reflect on our use of language. Linguistic intelligence is the most widely shared human competence and is evident in poets, novelists, journalists, and effective public speakers. Young adults with this kind of intelligence enjoy writing, reading, telling stories or doing crossword puzzles.

**Intra-personal Intelligence:** Intra-personal intelligence is the capacity to understand oneself and one's thoughts and feelings, and to use such knowledge in planning and derationing one's life. Intra-personal intelligence involves not only an appreciation of the self, but also of the human condition. It is evident in psychologist, spiritual leaders, and philosophers. These young adults may be shy. They are very aware of their own feelings and are self-motivated.

**Spatial Intelligence:** Spatial intelligence is the ability to think in three dimensions. Core capacities include mental imagery, spatial reasoning, image manipulation, graphic and artistic skills, and an active imagination. Sailors, pilots, sculptors, painters, and architects all exhibit spatial intelligence. Young adults with this kind of intelligence may be fascinated with mazes or jigsaw puzzles, or spend free time drawing or daydreaming.

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**Your Lifestyle .....**

**Fertility status:**

Do you have any children? No

If yes: How many boys? 0 How many Girls? 0

Have you ever been responsible for a pregnancy other than above? No

**Have you or your partner ever had a history of the following?**

	<i>You</i>	<i>Your partner</i>
-HIV	No	No
-Hepatitis	No	No
-Syphilis	No	No
-Gonorrhoea	No	No
-Chlamydia	No	No
-Trichomonas	No	No
-Genital Warts	No	No
-Genital Herpes	No	No
-Penile Discharge	No	No
-Any other STDs	No	No

Have you recently put yourself at risk of any sexually transmitted disease? No

If yes, please explain:

Do you smoke? No If yes, how many on average a day? N/A

How many units of alcohol do you consume in a week? 2

Are you taking any soft or hard drugs? Yes If yes, then list them below:

	Drug	Since when?	Current status
1	Cannabis	Irregularly since 2010	Irregular smoker
2			
3			

**Donor #1446**



Are you taking any medication? Yes                      If yes, then list them below:

	Medication	Reason	Started on
1	Sertraline 50mg/day	Anxiety, panic attacks	May 2017
2			
3			

Have you had exposure to pesticide, chemicals, x-rays or other radiation source? No

If yes, then list them below:

	Source	When & for how long?
1		
2		
3		

List any surgeries you have had:

	Surgery	In the year
1	None	
2		
3		

### About your decision.....

How did you hear about London Sperm Bank?

I looked you up online.

What are your reasons for becoming a sperm donor?

I saw no reason not to, and had thought about it previous to reading an article about a shortage of donors, which prompted my starting. I don't think I want children, but I think I understand enough of the feeling of wanting them that I can understand how enormously it might hurt to be unable. So I figured I could help, and there's no discomfort for me in doing so.

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# Donor Family Medical History (mark with X if none in family)

Donor      Mother      Father      Sister/s      Brother/s  
 M&M      M&F      PGM      PGF      Aunt/s (Maternal)      Uncle/s (Maternal)      Cousin/s (Maternal)      Aunt (Paternal)      Uncle (Paternal)      Cousin/s (Paternal)      None in Family

### Blood Diseases

Anaemia		X																					
Haemophilia																							X
Haemoglobin Disease																							X
Sickle Cell																							X
Immune Deficiency																							X
Thalassemia																							X
Malaria																							X

### Cancer

Breast																							X
Ovarian									X														
Prostate																							X
Lung																							X
Skin																							X
Colon																							X
Thyroid																							X
Leukaemia																							X
Other										X													
Tumour																							X

### Cardio Vascular Diseases

Stroke																							X
Heart Attack													X										
Coronary Heart Disease																							X
High Blood Pressure - Hypertension			X																				
High Cholesterol/Triglycerides																							X
Arteriosclerosis																							X
Atherosclerosis																							X
Hereditary Hypercholesterolemia																							X
Congenital Heart Malformation																							X

**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Mother - anaemia (age of onset late 50s)  
 Father - hypertension (age of onset late 50s onwards)  
 Maternal uncle - heart attack (early 50s)  
 Paternal grandmother - unconfirmed ovarian cancer  
 Paternal grandfather - unconfirmed cancer

**Donor #1446**

	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
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**Congenital Malformations**

Cleft Lip																	X
Cleft Palate																	X
Club Foot																	X
Congenital Hip Dislocation																	X
Spina Bifida																	X
Undescended Testicles					X												
Malformations (Other)																	X

**Gastro-Intestinal Diseases**

Galls Stones																	X
Hepatitis A																	X
Hepatitis B																	X
Ulcer of Stomach or Duodenum																	X
Other Liver Disease																	X
Colitis																	X
Cystic Fibrosis																	X

**Genital/ Reproductive System**

Uterine Fibroids																	X
Ovarian Cysts																	X
Goitre																	X
Other																	X

**Mental Health**

Depression																	X
Bipolar																	X
Schizophrenia/Psychosis																	X
Mental Retardation																	X
Obsessive-Compulsive Disorder																	X

**Metabolic/ Endocrine Disease**

Type 1 Diabetes																	X
Type 2 Diabetes																	X
Hypoglycaemia																	X
Tay Sachs																	X
Thyroid Disorder																	X

**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Brother- undescended testicles

**Donor #1446**

	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
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Muscular/ Bones/ Joint Disease

Gout																X
Arthritis																X
Achondroplasia (Dwarfism)																X
Deformity of the Vertebral Column																X
Osteoporosis																X
Muscular Dystrophy																X
Other																X

Neurological Diseases

ADD or ADHD																X
Autism/Asperger's					X											
Cerebral Palsy																X
Disorders of the Spinal Cord																X
Dyslexia/ Other Learning Difficulties																X
Neural Neurone Disease																X
Hydrocephalus																X
Alzheimer's						X										
Motor Neurone Disease																X
Epilepsy																X
Huntington's Disease																X
Multiple Sclerosis																X
Neural Tube Defect																X
Parkinson's Disease																X
Delay in Growth & Development																X
Tourette Syndrome																X

Skin

Albinism																X
Acne																X
Pigmentation Disorders																X
Eczema					X											
Psoriasis																X

**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Brother - Asperger's syndrome (diagnosed since a toddler/ young child), eczema since childhood  
 Maternal grandmother - Alzheimer's (age of onset mid 70s)

Donor #1446

	Donor	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt (Paternal)	Uncle (Paternal)	Cousin/s (Paternal)	None in Family
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**Allergies and Respiratory Diseases**

Allergies (Medication)																	x
Allergies (Food)																	X
Allergies (Hay Fever)	X																
Allergies (Insect)																	X
Allergies (Other)																	X
Allergies (Pet)			X														
Emphysema																	X
Tuberculosis																	X
Pneumonia																	X
Asthma		X	X		X												

**Sight/ Sound/ Smell**

Deafness																	X
Deafness (Before age 50)																	X
Other Hearing Anomalies			X														
Eyesight (Blindness)																	X
Eyesight (Colour Blindness)																	X
Eyesight (Glaucoma)																	X
Cataracts before age 50																	X
Other sight, sound, smell disorder																	X

**Urinary**

Kidney Disease																	X
Polycystic Kidneys																	X
Disease of the Urinary Tract (Urethra, Bladder & Ureter)																	X
Other																	X

**Other**

Alcoholism																	X
Drug Abuse																	X
Chromosomal Abnormalities																	X
Down Syndrome																	X

**Any other conditions not listed or premature deaths due to illness?**

																	X
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**Comments:** (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Brother- asthma since childhood  
 Mother- asthma  
 Father - asthma, hearing aids (since early 50s), cat allergy

**Donor #1446**

**Biological Family Characteristics**

<b>Relative</b>	<b>Eye Colour</b>	<b>Hair Colour</b>	<b>Skin Tone</b>	<b>Build(Short/Medium/Tall)</b>	<b>Ethnic Group</b>	<b>Distinguishing Features (if any)</b>	<b>Alive/Deceased (age and reason if deceased)</b>
Mother	Brown	Brown	Fair	Short, round	Caucasian Jewish	None	Alive
Father	Brown	Brown	Fair	Medium	Caucasian Jewish	None	Alive
Brother	Brown	Brown	Fair	Short, stocky	Caucasian Jewish	None	Alive

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**PenSketch** *(Please write an essay about yourself i.e., describing your childhood, progressing towards your adult life in a few words, including some memorable events if you've had):*

I think if there's something I'd like to say in this message, it's that I hope for the absolute best for you, both parent/s and child/ren. I became a donor because even though I'd never much imagined having children myself, I saw no reason to not help out anyone who did and mightn't be able to alone. This is a strange document to write but I hope it gives you something.

I'm one of two brothers, and very much the black sheep of my immediate family. We were never emotionally close, and my interests and temperament are different to theirs. It can be a difficult place to be but it's so liberating to embody that difference and cultivate it. I've a pretty good eye for reading people, and some of the people whose opinions I value highest tell me I'm sensitive - though this has led to my long dealing with a degree of anxiety. That being said, I'm writing this at what feels like a pretty key point in my life. Having had a mixed run of things in my 20s, I'm now trying to take more control and become someone I'm prouder of.

I'm probably ultimately more intro- than extravert, but in the right situations I'm pretty sociable. I love good conversation, and I'm so eager to make the most of it, to cross topics and ideas, that oftentimes it can be hard to bring people into my way of talking; I do like to move between heavy and light topics easily, treating either both irreverently and seriously. It's something I like about myself but I think it can be a bit of a curve for others. I've long been interested in becoming a better writer, partly as a means of getting to enjoy this more for myself. I'm very verbal and like improving my ability to articulate myself. I'm good at impressions and accents, and I'm a pretty good singer. I also love stand-up comedy, I think it's fascinating.

I was in musicals in my teens (much as it embarrassed me to perform). I also played guitar and bass back then and have just recently started playing them again. Right now, Jan 2019, I'm listening to a lot of Swans at the moment - I like ambient music, I like my films and my music to aim for something transcendent. If it can make me forget the room I'm in, I'm a fan.

My biggest interest growing up, and which I studied at uni and postgrad, was film. I wanted to become a writer and director. Arts and humanities come much more naturally to me than sciences and maths. An aptitude test I took at school suggested I was best suited to a psychology course at university, and I still agree. I think much of my natural abilities lie in seeing people, seeing signs and patterns over time and understanding their meaning - the kind of thing I've been doing for years with films too. They were a good space to practise this during my adolescence. It was always the case that when my parents and brother watched football matches on weekends, I'd take myself to the cinema.

If I picture holidays, I imagine immersion in somewhere, not relaxation and sightseeing. Again, this is something different to my parents. I think I want things more wild. Even though it's an ultimate fear of mine, being somewhere wild, being somewhere vast and quiet

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and distant, maybe something which puts me in front of my own aloneness and something which makes me feel helpless and small, it's something moving and meaningful, and something I want to brave more. Moving abroad's always been something I've imagined too but not yet built up to. I don't like the idea of spending my whole life in England and America has a draw for me. I spent two weeks in Texas a couple of years ago for a film shoot and it was the best time I've had abroad. I liked mixing work and travel, I'd love to do more. I didn't do the gap year traveling thing a lot of people do. I wanted to make my work and travelling one and the same.

I find happiness a very difficult idea or feeling, love too, and hard as they are to deal with, I like dealing with them. I find some of my most vivid moments though are signified by sadness, and that sense of things lasts, and I think is really important. I kind of wish I'd gotter a more lasting sense of it at an earlier age.

I hope that life's interesting and rich for you. I hope that when things are good you can see it and appreciate it, and that when they're bad, that you can manage and make something of it. I wish you way more than luck.

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