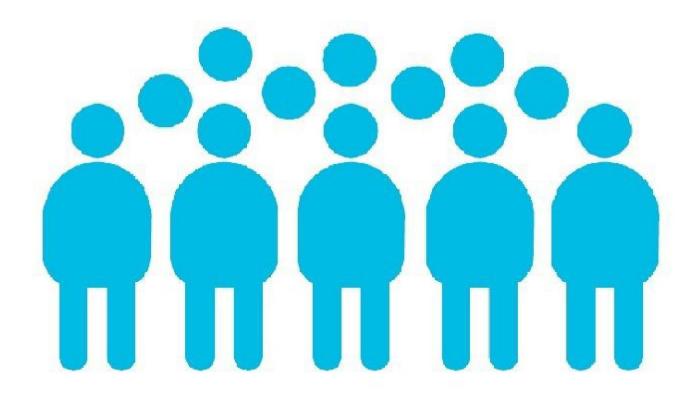
Extended Profile

Catalogue # 1631

Londn Sperm Bank





Date: 29-Aug-18

DONOR PROFILE GENERAL INFORMATION

Year of Birth:			Place of Birtl	h: Japan
Racial Group/Color C		Black/Black	Asian/Yellow	⊠ Other/Red
Ethnic Origin/Ancest	ry: Mother	Japanese Fat	her: Irish, Scottish, B	ritish, French
Do you practice relig	ion? No If so,	what religion?		
Height: 5'9.5 Wei	ght: 130 lbs	Eye Color: Brown	Hair Color: Dark E	Brown
Height at birth: 18.5	inches We	ight at birth: 6.1	lbs	
Adult Shoe Size: 9.5				
balding [thin	Hair ⊺ype: ☐ curly ☐ wavy ⊠ straight	Corrective Lense ☐ Yes ☑ No	es: Corrective Eye ☐ Yes ⊠No	e Surgery Blood Type:
Bone Structure:	☐ Small		☐ Large	☐ Very Large
Are you predominate	ely:	□ right-handed	☐ left-handed	☐ ambidextrous
Other distinguishing	features (dimple	s, cleft chin, Roman	nose, etc.):	
Skin Characteristics: Freckles:	☐ None	⊠ Few	☐ Many	
□ Very fair (little to □ Fair (skin will tan ☑ Medium (light co □ Olive (pigmentat □ Dark (unexposed)	lightly on sun e lor but will tan m ion of unexpose	xposure) noderate to dark)		Moderate □ Dark Brown □ Black
)	EDUCATIONAL B (check highest le		
High School	□ 1 □]2	□4 GPA:	
College/University	□ 1 □]2	⊠4 GPA:3.84	4 ⊠ B.A. □ B.S.
Major Area	of Study: Englis	h, Shakespeare		
Post Gradua	ite 🔲 1]2	□4 □5+ (GPA:
Major:				
Degrees Attained: [□M.A. □M.S.	□Ph.D. □M.0	D. □J.D. □D.D	.S. □Other:

PERSONAL CHARACTERISTICS

(Please describe in some detail)

What is your native language? English

What other languages do you speak? Japanese

Math Skills/Ability:

Moderate

Mechanical Skills:

Moderate

Athletic Skills:

High

What is your favorite sport?

Soccer

What are your Hobbies/Interests/Talents:

Cooking, winte tasting, gardening, dogs, reading, writing fiction/nonfiction, writing and producing music, watching films, Elizabethan/Jacobean drama, ancient history, ancient archaeology, philosophy/metaphysics

Describe your artistic ability:

My artistic ability is moderate to high in skill level. In the visual arts, I am more drawn to abstract styles and I actively seek to challenge and push conventional boundaries. Musically, I grew up playing the trumpet, baritone horn, and electric piano. I thrive most in the literary arts. My academic writing is very strong, I've written dozens of songs (at one point I pursued a career in music abroad), and I always have a number of poems and fictional pieces in the works as a hobby.

Do you like animals? If so, which is your favorite?

I love animals and have cared for many in my life. I like dogs the best because of how they bring out the best in you and how they become such loving companions.

To where would you like to travel and why?

I would like to travel to Antarctica to see the research stations, mountains, and glaciers. I would also be interested in participating in expeditions and excavations that seek to discover what lies beneath the many layers of ice. There are still uncharted areas in Antarctica, and the thrill of getting to visit such a place is appealing to me, not just for the sake of exploration, but also for the breathtakingly beautiful and vast topography that most of us will never get to witness in our lives

How would you describe your personality?

I am extremely approachable, easy-going, amicable, and sociable. I strive to make sure that the people around me are comfortable, loved, and engaged with. I am attentive to the well-being of others without setting aside my own state of being. I genuinely enjoy interactions, conversations, and even cordial disagreements with others, and I am also tactful and respectful when dealing with conflict. I am dilligent and reliable when it comes to work and personal endeavors, and I possess and exhibit an empathetic demeanor in every situation I insert myself in.

What is your ultimate ambition or goal in life and how do you see yourself in twenty years?

My ultimate goal is to continue to pursue what I love and what makes me happy. This also involves loving those close to me and trying to bring them happiness. I want to love my girlfriend and the family we build and be loved by them. I want to also keep reminding myself to never stop growing and to not be afraid to be wrong. I am working towards a career in academia, so in twenty years I see myself as a tenure-track professor in early modern literature with a wife and one to two children.

ADDITIONAL ACADEMIC INFORMATION

SAT Scores:	Verbal	Math	Total 1670	
	LSAT	MCAT	GRE Verbal: 155 Quantitative: 147 Wri	ting: 4.5
	GMAT	Other		
		FEI	RTILITY HISTORY	
Do you have ar	ny children? No	ne		
	ny male childrer		female children?	
11 700, 110 11 1114	ny maio emiarei		ionale omalen.	
For each child,	please give age	, and list any h	ealth problems:	
	cial Health Prob		1 32 4 33	
Have you ever	been responsible	e for any pregr	nancies other than those listed above?	⊠ No ☐ Yes
If yes, what yes	ar did it occur?			
Have you ever	been refused as	a blood donor	?	⊠ No ☐ Yes
If yes, explain:				
Has anyone in	your family had	difficulty in a	chieving pregnancy?	⊠ No ☐ Yes
If yes, explain:				
Are there any t	wins or triplets i	in your family?	?	No ☐ Yes
If yes describe:				

FAMILY MEDICAL HISTORY

Note: The following questions require knowledge about your family's medical history. You may wish to have your mother or father assist you in obtaining the necessary information.

Has any member of your family, including yourself, had a problem or defect at birth in any of the following body systems?

5. Nervous syste6. Respiratory sy	al system y system rmones, enzymes, etc.) m (brain, spinal cord, etc ystem m (bones, joints, muscles lung, kidney, etc.)	3)	No Yes No Yes
Type of birth defect	Affected family member	Age at diagnosis	Relevant circumstances
	mentoer		circumstances
Do you have any brothers	or sisters who died in int	fancy or childhood?	No ☐ Yes
If yes, what was the cause	?		
	(s) and the family memb		☐ No ☑ Yes and father diagnosed with heart vered after surgery.
Has anyone in your family been evaluated by a physic	, including yourself, expcian? (Please include the	perienced recurring and/or obse symptoms that you may	chronic symptoms that have not y not consider serious.) No
If yes, please describe:			

													Mat	ernal	Pate	ernal
Relatives	Mother	Father	Sib	lings	G	randp	arent	s	Au	nts	Und	les	Cou	usins	Cou	usins
			F	M	MGM	MGF	PGM	PGF	Mat	Pat	Mat	Pat	F	М	F	М
Indicate number of relatives→	1	1	2	0	1	1	1	1	0	2	1	0	1	2	0	1

Medical Problem	You	Mother	Father	Sibl	ings I M	G MGM	randp MGF			cles	Cou	ernal usins M			
1. Cardiovascular						,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		 			1	100	-	201	
A. congenital heart defect															\boxtimes
B. atherosclerosis															\boxtimes
C. arteriosclerosis															
D. heart attack								\boxtimes							
E. high blood pressure															\boxtimes
F. stroke							\square	П							
G. other			\boxtimes												\boxtimes
2. Blood		- ⁰	View.								IN)			7	
A. anemia								П.							\boxtimes
B. sickle cell anemia															\boxtimes
C. hemophilia or other bleeding problem															\boxtimes
D. leukemia															\boxtimes
E. immune deficiency															\boxtimes
F. other															
Respiratory (lungs)															
A. hay fever	ļЕ.													П	\boxtimes
B. asthma															\boxtimes
C. emphysema					Ш										\boxtimes
D. tuberculosis	\Box														\boxtimes
E. lung cancer															
F. pneumonia												$\downarrow \Box$			
G. other															
4. Skin								TIEL .							
A. acne										П					\boxtimes
B. eczema															\boxtimes
C. melanoma												$ \Box$			\boxtimes
D. skin cancer															
E. pigmentation disorders										Ш	\Box				\boxtimes
F. other															

Comments: Heart attack, PGF, age 54, diagnosed with heart disease, was prescribed statins and asprin. Stroke, MGF, age 80, cause of death. Pneumonia, me, age 23, prescribed antibiotics. Skin cancer on cheek, MGM, age 75, surgically removed. Skin cancer on lip, MGF, age 50, perhaps related to smoking, surgically removed. Father diagnosed with heart disease at age 63—fully recovered after surgery.

Medical Problem	You	Mother	Father	Sibl		G MGM	randp MGE							Cou	ernal Isins	607 364623100		No опе
5. Gastro-intestinal		JI S				, in the second	101					, i.i.d.			N III			
A. ulcer of stomach or duodenum																		
B. gall stones																		
C. hepatitis A (infectious)			\boxtimes															
D. hepatitis B (serum)																		
E. other liver disease																		\square
F. colon cancer									П				П			П		
G. ulcerative colitis																		
H. Crohn's disease												П	П				П	
I. cystic fibrosis				П	П	T				П		П	П	同		同	П	
J. intestinal cancer																		冈
K. other																	同	X
6. Urinary	Sel de		MRI				The little					7	100					Bes
A. kidney disease																		
B. disease of the urinary tract (urethra,bladder,																		
ureter) C. other	-		П	П	П	l 🖂	П	П	П		П	П	П		П		$ _{\Box}$	
7. Genital/Reproductive s	yste	m								S III								
A. undescended testicle	Щ		Щ.	Ш	Щ	Ш	Ш	Щ	Ш	Щ	Щ	Ш	Щ	Ш	Ш	Щ	Ш	
B. hypospadias	Ш											Ш	Ц		Ш		Ш	
C. prostate cancer	\Box																	\boxtimes
D. uterine fibroids																		
E. ovarian cysts																		\boxtimes
F. cancer of cervix or uterus						\boxtimes												
G. breast cancer																		\boxtimes
H. ovarian cancer																		
I. Other																		X

Comments: Stomach ulcer, mother, age 55, prescribed antacids and antibiotics. Hepatitis A, father, mid-20s, recovered with no treatment. Cancer of cervix, MGM, age 82, no treatment, died two years later.

Medical Problem	You	Mother	Father	_				arent					les	Mate	sins	Cou	sins	No one
8. Metabolic/Endocrine				F	М	MGM	MGF	PGM	PGF	Mat	Pat	Mat	Pat	F	M	F	М	
							\square				\exists						П	П
A. diabetes mellitus	+	 	H	H	믐	H	+	+	+	믬	爿	+	믐	퓜	H	믐	一	
B. hypoglycemia	+	H		H	는	H	H		H	HH	爿	+	믐	岩	H	믐	H	
C. thyroid cancer	Η	\vdash		H	블	ᆜ	-	H	무	님	믬		브	믬	井	무	늗	
D. thyroid disease		\square		ᆜ	ᆜ	Ц.	Щ	Ц.	Щ.	Щ	닠	Щ	부	믬	ᆜ	믝	부	
E. goiter	Ц			Ш	Ц	ш	Ш	Ш	Ц	Ш	Ц	Ш	Ц	Ш	ш	Ш	Ц.	\boxtimes
F. adrenal dysfunction or disorder																		\boxtimes
G. other																		\boxtimes
9. Neurological		1751	1350	177											100			
A. migraines			F															
B. mental retardation																		\boxtimes
C. senility before age 50															П			
D. Alzheimer's disease																		X
E. multiple sclerosis																		\boxtimes
F. epilepsy or seizure disorder																		
H. hydrocephalus																		\boxtimes
disorders of spinal cord	П																	M
J. Huntington's disease																		M
K. Gaucher disease																		
L. Wilson's disease																		X
M. delay in growth and/or	I																	M
development																		\boxtimes
N. learning disorder																		
O. other																		
10. Mental Health	de la company					Man								LOUI.	Mil			
A. schizophrenia																		
B. manic depressive illness																		×
C. other mental health disorders requiring hospitalization																		
D. severe depression with periods of inability to function																		\boxtimes
E. other																		

Comments:Diabetes, MGF, age 50, type unknown, no treatment.

Medical Problem	You	Mother	Father	Sibl	ings M	G MGM		arent PGM					cles	Cou	ernal isins M		
11. Muscles/Bones/Joints									1								
A. muscular dystrophy																	
B. other chronic muscle disease																	\boxtimes
C. lupus																	\boxtimes
D. deformity of spine																	
E. osteoporosis																	\boxtimes
F. dwarfism																	\boxtimes
G, hereditary low back disease						П											
H. arthritis		ПП															
I. gout																	
J. other																	\boxtimes
12. Sight/sound/smell		Para		H		W.				B	HQH	HIO		3170	2 -77		
A. deafness before age 60																	
B. significant hearing loss																	
C. deformity of the ear																	\square
D. cataracts before age 50																	\boxtimes
E. blindness																	\boxtimes
F. color blindness																	\boxtimes
G. glaucoma																	\boxtimes
H. deviated septum	\boxtimes																
l. any other sight/sound/ smell disorder						П	П										
13. Other									U								
A. alcoholism																	
B. drug abuse, misuse, or addiction																	
C. any other cancer not mentioned above																	\boxtimes
D. any other condition not mentioned above																	

Comments: Arthritis in right hip, father, diagnosed in late 40s, hip replacement in mid 50s, likely related to playing competitive soccer for 16 years. Deviated septum, me, diagnosed in 2015, corrected surgically in 2015.

PERSONAL HEALTH HISTORY

Do you currently have any allergies?]No ⊠Ye	s		
If yes, they are to:	Food	Drugs]Plants	Other
Please list specific substances and reaction (s) p	roduced:				
Substance		Re	action		
Pollen		fever sympo ny/stuffed n			1
Describe any childhood allergies you had: None	e				I;
How is your vision (without corrective lenses)?	\boxtimes	Excellent	□Good	Fair	Poor
Do you wear corrective lenses?		No ∐Ye	s Your	vision is:	
Are you: Nearsighted Farsighted	Other (spec	ify)			
Have you undergone corrective eye surgery?		No ∐Ye	:S		
Do you have any hearing impairments? If yes, please describe:	Σ	⊴No □Ye	es .		
Condition of your teeth (check one): Your diet is: Any dietary restrictions?		= =		Poor Poor	
Dietary supplements (vitamins, etc.)?M	ultivitamin				
How often do you exercise? Rype of exercise: Weights, calisthetics,		⊠Occasiona d/or cardio	ally []R	атеју	
Have you ever had surgery? If yes, please list all surgeries:				□No ▷	Yes
Left shoulder bankart repair Corrected deviated septum a 3) 4)		d nasal pass	ages	Year: 20 Year: 20 Year: Year:	
Have you had any hospitalization not already m If yes, please explain:	entioned?			⊠No □]Yes

PERSONAL HEALTH HISTORY

(Continued)

Have you had major x-ray exposure or other rad		⊠No	□Yes	
	If yes, please explain:			
Have you or your sexual partners ever had:	Myself	Partne	er	When
NSU (non-specific urethritis)	⊠No □Yes	⊠No [Yes	
Chlamydia	⊠No □Yes	⊠No [Yes	
Genital Warts (HPV)	⊠No □Yes	⊠No [Yes	
Genital Herpes	⊠No □Yes	⊠No [Yes	
Other (s) Type (s):	⊠No □Yes	⊠No [Yes	
Have you ever been treated for any sexually-tra	nsmitted disease(s)?		⊠No	□Yes
If yes, for which disease(s):				
When? Details?				
When was the last time that you were tr	eated?			
Have you ever had any major illnesses such as a etc.? If yes, please explain: Pneumonia at ag		□No	⊠Yes	
Do you have any chronic medical problems or c	conditions?	⊠No	Yes	
If yes, please explain:				
Have you ever been exposed to herbicides or to	xic chemicals?	⊠No	∐Yes	
If yes, please explain:				
Have you ever served in the military?		⊠No	∐Yes	
If yes, please explain:				

PERSONAL HEALTH HISTORY

(Continued)

How many alcoholic drinks do you consume during an average week? 1		
Have you ever had a drinking problem?	⊠No	Yes
If yes, describe:		
Have you ever been treated for alcohol or drug abuse?	⊠No	□Yes
If yes, describe:		
Do you smoke cigarettes?	⊠No	Yes
If yes, how many packs/day?		
How long have you been smoking regularly?		

FAMILY HISTORY SECTION

The following pages contain detailed information regarding the donor's family members. There is one page of information for each family member, including his parents, siblings, grandparents, aunts and uncles. If the donor has more than one sister, you will find more than one page with the title, "Sister of Donor". If the donor has no sisters, this page will be blank. The same applies to brothers, aunts and uncles.

For a summary of the number of family members, please refer to the top portion of page 6 in this profile.

FAMILY HISTORY Mother of Donor

Year of Birth				Place of Birth	: Japan
Racial Group:	ian	Black	⊠ Asia	ın	Other
If Jewish:	Ashker	nazi	Sephardic		Oriental
Height: 5' 3" Weig	ght: 115lbs E	ye Color: Brown	Hair Color: Dark	Brown	
Hair: ☐ Balding ☐ Thin ☐ Average ☑ Thick	Hair Type: ☐ Curly ☐ Wavy ☑ Straigh	=	on: Excellent Good Fair Poor	Bone Structure Small Medium Large Very Lar	
Other distinguishing	g features (dimp	les, cleft chin, Ro	oman nose, etc.):		
Skin Characteristics Freckles:	⊠ None	☐ Few	☐ Many	r	
Fair (skin will ta	an lightly on sur color but will tar ation of unexpos	n moderate to dan		⊠ Modera □ Brown	te ☐ Dark ☐ Black
Occupation: Yoga	instructor				
Education: High So	chool Graduate				
Special Skills or Ch	aracteristics: C	ooking, yoga, me	ediation, body alig	nment.	
If living, describe h	er health:		Good	☐ Fair	Poor
If deceased, give ca	use and age at t	ime of death:			
What kind of person Optimistic Assertive Leader Easy going	n is/was she?	□2 □2 □2 □2	□3 □3 □3 □3	⊠4 Passi □4 Folio	

FAMILY HISTORY Father of Donor

Year of Birth				Place of Birth	: USA			
Racial Group:		☐ Black ☐ Asi		un Other				
If Jewish:	Jewish: Ashkena		Sephardic		Oriental			
Height: 6' 0" W	/eight: 150lbs E	ye Color: Blue	Hair Color: Light E	3rown				
Hair: Balding Thin Average Thick	Hair Type: Curly Wavy Straigh	\boxtimes	on: Excellent Good Fair Poor	Bone Structure Small Medium Large Very Lar				
Other distinguishing features (dimples, cleft chin, Roman nose, etc.): Lean and athletic build.								
Skin Characterist Freckles:	cics	⊠ Few	☐ Many					
□ Very fair (little to no ability to tan on sun exposure) □ Fair (skin will tan lightly on sun exposure) □ Medium (light color but will tan moderate to dark) □ Olive (pigmentation of unexposed skin) □ Light □ Moderate □ Dark □ Dark (unexposed skin) □ Light tan □ Dark Tan □ Brown □ Black								
Occupation: Educational Director								
Education: High School Graduate, some college								
Special Skills or Characteristics: Natural leader, highly organized, good at endurance sports								
If living, describe	e his health:		Good	Fair	Poor			
If deceased, give cause and age at time of death:								
What kind of per Optimist Assertive Leader Easy goi	ic	⊠2 ⊠2 □2 ⊠2	☐3 ☐3 ☐3 ☐3	□4 Passi □4 Follo				

FAMILY HISTORY Sister of Donor

Year of Birth				Place of Birth	: Japan
Relationship to Do	\boxtimes	Full sibling Half sibling: Adopted into fan		maternal COMPLETE THIS	☐ paternal S FORM)
Height: 5' 4" Weight	ght: 115lbs Ey	re Color: Brown	Hair Color: Br	own	
Hair: Balding Thin Average Thick	Hair Type: Curly Wavy Straigh		n: Excellent Good Fair Poor	Bone Structure Small Medium Large Very La	
Other distinguishin	g features (dimp	les, cleft chin, Ro	man nose, etc.)	;	
Skin Characteristic Freckles:	s None	☐ Few	□ Ма	iny	
☐ Fair (skin will ☐ Medium (light	tan lightly on sur color but will tar tation of unexpos	moderate to dar		☐ Moderat an ☐ Brown	te
Occupation: Apple	e employee				
Education: Univer	sity Graduate				
Special Skills or C	haracteristics: Ci	reative, self-drive	n, highly organ	ized	
Does she have any	children?		⊠No □	Yes	
If yes, how many f	emale children?		ma	le children?	
If living, describe l	ner health:		Good	☐ Fair	Poor
If deceased, give c	ause and age at ti	me of death:			
What kind of perso Optimistic Assertive Leader Easy going		⊠2 ⊠2 □2 ⊠2	□3 □3 ⊠3 □3	☐4 Pass ☐4 Follo	imistic ive ower trolling, rigid

FAMILY HISTORY Sister of Donor

Year of Birth			Place of Birth	ı: Japan			
	Full sibling Half sibling: Adopted into fam	☐ n	naternal DMPLETE THIS	□ paternal S FORM)			
Height: 5' 4" Weight: 115lbs Ey	e Color: Brown	Hair Color: Brow	m				
Hair: Hair Type: ☐ Balding ☐ Curly ☐ Thin ☐ Wavy ☐ Average ☐ Straight ☐ Thick	Visio	n: Excellent Good Fair Poor	Bone Structure Small Medium Large Very La				
Other distinguishing features (dimples, cleft chin, Roman nose, etc.):							
Skin Characteristics Freckles: None	⊠ Few	☐ Many					
Very fair (little to no ability to tan on sun exposure) □ Fair (skin will tan lightly on sun exposure) ☑ Medium (light color but will tan moderate to dark) □ Olive (pigmentation of unexposed skin) □ Light □ Moderate □ Dark □ Dark (unexposed skin) □ Light tan □ Dark Tan □ Brown □ Black							
Occupation: Student							
Education: Third year university							
Special Skills or Characteristics:							
Does she have any children?							
If yes, how many female children?	many female children? male children?						
If living, describe her health:		Good	☐ Fair	Poor			
If deceased, give cause and age at time of death:							
What kind of person is/was she? Optimistic 1 Assertive 1 Leader 1 Easy going 1	□2 □2 □2 □2	⊠3 □3 □3 □3	⊠4 Pass ⊠4 Follo				

In Your Own Words...

Which words describe your personality and character?

Empathetic, warmhearted, friendly, positive, loyal, compassionate, attentive, respectful, sportsmanlike, responsible, assiduous, hard-working, driven.

Which sports do you like to participate in?

Soccer, baseball, and volleyball.

Which sports did you play as a child?

Soccer, baseball, volleyball, and basketball.

Which sports do you enjoy watching? Baseball.

Do you play any musical instruments?

Trumpet, baritone horn, and electric piano.

What is your most memorable childhood experience?

My most memorable childhood experience was when my paternal step-grandfather passed away I had a good relationship with him, but I lived abroad and only saw him once a year. I remember vividly how his death affected my immediate family, and how incredibly sad it was to lose a close family member, one that was dearly loved by everyone. But a few months later, I also witnessed the rest of the family come together as a result of i how tremendous positivity could be generated from such a negative incident. The first death in my family that I experienced was a life-teaching moment: I came to truly grasp the concepts of life death, and coming to grips with the finitude of life really made me realize that my life is not one to waste and that I should never forget to convey my love to friends and family.

To which countries have you traveled?

Canada, Japan, and USA.

Describe one of your favorite vacations to another country:

I greatly enjoyed visiting Vancouver BC a few years ago. I stayed in the heart of girlfriend and we were able to explore much of the city and its outskirts. I liked the parks, food, and scenery the most. Though Vancouver is so close to the US, both culturally and in proximity, I distinctly remember noticing how foreign I felt in Canada even though I speak English. It is the only place I have visited outside of the countries I come from and have travelled in (Japan, USA), but the city interestingly imposed a kind of self-reflection. I've experienced culture shock many times, but this recurring introspective and almost existentialist moment was so unique, and I never thought a city would have such a profound effect on me.

Describe a few of your strong sides:

I am organized, always on time and responsible, considerate and thoughtful of others, I convey a sincere sense of empathy and comity, I have a strong work ethic, I actively seek to improve myself, I reflect on my actions and opinions in order to stay open-minded, I am committed and eager to achieve positive results, I am a devoted and faithful and supportive partner.

Describe a few of your weak sides:

As a perfectionist, I sometimes get too fixated on whatever I am working on which can lead me to lose sight of the bigger picture. I remedy this by reminding myself to take a step back and forcing myself to take short breaks. I sometimes get upset if my daily routine is interrupted or changed suddenly. Depending on the situation, sometimes I am prone to being selfless and putting the well-being of others before myself.

Donor Essay

Why do you want to be a donor?

I want to be a donor partly because I believe in civic duty. If there is a way for me to help out or improve the lives of others, I'm all for it. It is absolutely rewarding and a privilege to know that a part of my body can be used to to give the gift of life for others. I am happy to have such a positive effect on individuals and families achieving their hopes and dreams.

Describe your relationship with your family. How has your family shaped your values and who you are today?

I am on very good terms with my family. I have always been very close to and affectionate with every member of my family. They were instrumental in forming a major part of my identity by exposing me to a multitude of experiences while raising me with the utmost care and unconditional love. I hope to do the same with my own children in the future.

What makes you unique?

I think growing up in as a biracial and bilingual individual certainly jumps out as being unique. Even though my parents told me I was "the best of both worlds," it was sometimes a little confusing to me, and I didn't always feel 100% connected to my Japanese and American sides. Fortunately, I was raised and educated in an international community, and I believe this helped shape my identity in many positive ways.

What are you most proud of and why?

As strange as it may sound, I am most proud of leaving my family and pursue an education and life in the US. I am very proud of mustering up the courage to break out of my comfort zone. I had my entire family, many friends, an incredible support system, and a great professional network in but none of it aligned with my life goals and passions. Though virtually everyone encouraged me to stay, I took one of the biggest risks of my life and moved to the US on my own. My instincts and wits helped me through that critical part of my life, and looking back on it from where I am now, I am extremely satisfied and proud of the way I stayed committed to myself.

The Donor Temperament Report

• Keirsey

This report captures the results for

Donor 1631



August 29, 2018

"There is much to be gained by appreciating differences, and much to be lost by ignoring them or condemning them. But the first step toward seeing others as distinct from yourself is to become better acquainted with your own traits of character."

- David Keirsey

Contents

What is Temperament? 5
What is this Donor's Temperament? 6
What Kind of Intelligence Does this Donor Possess? 9
Who are Some Famous Leaders that Share this Donor's
Temperament? 11
What are Common Career Paths for this Donor's
Temperament? 12

Donor 12361 Guardian Provider ESFJ







WHAT IS TEMPERAMENT?

In a word filled with unique individuals, understanding that there are different temperament types can help you make an informed decision about whether this donor is the right match for what you are looking for. Temperament is a configuration of observable personality traits, such as habits of communication, patterns of action, values, and talents. Based off more than 70 years of research, Dr. David Keirsey has identified humankind's four basic temperaments as the Artisan, the Guardian, the Rational, and the Idealist.

This donor's temperament is the Guardian. Guardians make up as much as 40 to 45 percent of the population. This donor's particular temperament type, the Guardian Provider, makes up at least 10 percent of the total population. This is fortunate for the rest of us, since friendly social service is a key aspect of Providers' natures.

WHAT IS THIS DONOR'S TEMPERAMENT?



There are four types of Guardians: Supervisors, Inspectors, Providers, and Protectors. These four personality types share several core characteristics. Firstly, Guardians are dependable, hard-working individuals focused on credentials and traditions.

Guardians tend to be both helpful and dutiful, with a strong work ethic that can take them far. However, grand rewards aren't necessarily very important to Guardians. Instead, they tend to be humble types who are happy to simply receive gratitude for a job well done. Guardians are typically more cautious and deliberate than many people are; this is not a temperament that jumps into any personal or professional situation half-cocked. Indeed, this group can serve as the very cornerstone of society. They tend to be concerned citizens who are willing to join together with others around them because Guardians typically value the camaraderie and security inherent in belonging to groups. As law-abiding individuals who place trust in authority, Guardians will often go out of their way to seek out justice.

All Guardians share the following core characteristics;

- Guardians pride themselves on being dependable, helpful, and hard working.
- Guardians tend to be dutiful, cautious, and humble
- Guardians are the very cornerstone of society, and tend to focus on credentials and traditions.
- Guardians are concerned citizens who trust authority, join groups, seek security, prize gratitude, and dream of meting out justice.

ABOUT THIS DONOR

This donor is a **Guardian Provider**. Providers are typically a sociable person who takes it upon themselves to insure the health and welfare of those in their care. This combination of traits can make them a great nurturer of social institutions such as schools, churches, social clubs, civic groups, and their family.

This donor is Apt to:

- have difficulty dealing with areas of conflict and even avoid seeking a solution.
- become overly sensitive to what they see as criticism.
- become overloaded in their efforts to help others.
- want a secure and stable work environment with routines that make sense.
- want appreciation and meaningful support from others
- work best with advance notice of changing circumstances or routines accompanied by information on the background and rationale for the change.
- be somewhat indirect in communicating, hinting at what they mean instead of giving a directive.

Wherever they go, it seems, Providers like this donor happily give their time and energy to make sure that others' needs are met and projects maintain their flow. They're ordinarily a highly cooperative person. This can make them a skilled facilitator, one who maintains teamwork among all of a project's helpers. They can be tireless in their attention to detail when furnishing goods and services. This is a quality others surely value in them.

Providers are the kind of individual people call upon to be the chairperson of dances, banquets, class reunions, charity fund-raisers, or any event that requires both social skills and strong multitasking abilities. In addition, because they're usually able to speak publicly with ease and confidence, there are few who are as adept as they are when it comes to being a master of ceremonies. When hosting an event, it's likely that Providers like this donor not only know everyone by name, but that they're also keenly aware of what everyone is doing. That way they can keep wallflowers occupied and make sure that everyone is having a good time. For Providers like this donor, entertaining comes almost second nature. They can find it highly satisfying when the social functions they've worked on are a success.

Friendly, outgoing, and neighborly are probably all words that others have used to describe this donor at one time or another. In fact, Providers like this donor can be so gregarious that they may feel a bit restless when they're isolated from people. They often love talking to others, so striking up a conversation with strangers feels more natural to them than it does to many people. They'll usually chat pleasantly about any topic that comes to mind.

As a Provider, this donor is a people person. So, their friendships matter a great deal to them, particularly the long-term, true-blue variety. However, new friends, acquaintances, and neighbors can also hold their attention. This donor seems to like to know what the people around them are up to, whether they're in their social circle, family, or community.

WHAT IS THIS DONOR GOOD AT?

- This donor excels at work that requires maintaining personal relationships, such as sales and personal service.
- This donor adds a personal touch to their work place.
- This donor accepts authority easily.
- This donor has a talent for handling irate and difficult people.
- This donor is very loyal to both people and organizations; they are very trustworthy.
- This donor is committed to pulling their weight.
- This donor contributes to the stability of organizations.

Family traditions can be almost sacred to Providers like this donor. Birthdays, anniversaries, holidays-events like these seem to hold special value to them. Perhaps it's because these traditions celebrate people and bring those they care about together. This donor is the type of individual who can be extremely sensitive to the feelings of others. In fact, Providers may be the most sympathetic of all the types. This focus on others can leave them somewhat self-conscious at times because they're often so hung up on what others think of them. Because Providers are loving and affectionate, they want to be loved in return. The downside of this strong desire is that they can sometimes be crushed by personal criticism. However, on the positive side, when they're given ample appreciation for who they are and what they do, Providers can be an extremely happy, satisfied person.

WHAT KIND OF INTELLIGENCE DOES THIS DONOR POSSESS?

The four temperament styles match up consistently with four general types of intelligent roles: Tactical, Logistical, Diplomatic, and Strategic. The four connections between temperament and intelligent roles are as follows:

Artisan - Tactical
Guardian - Logistical
Idealist - Diplomatic
Rational - Strategic

An individual's innate type of intelligent role is determined by temperament; however, the degree of skill in that role is determined by practice.

Artisans are best when they can use their tactical skills that enable them to take whatever is available in the moment and make the most of them. They are unusually skilled in being able to react quickly in emergencies. Artisans are most comfortable working in the moment without an excess of constraints or red tape. Tacticians are valuable since they can quickly react to changes in circumstances.

Guardians are at their best when they can use their logistical skills to ensure that the proper equipment is in the proper place at the proper time. They are most comfortable when following step-by-step procedures and fulfilling their place within the hierarchy. Guardians and their logistical skills are valuable since any person can run into difficulty if supplies are not available when needed or if critical rules are not followed.

Idealists do their best work when they can use their diplomatic skills to communicate with others. They are particularly gifted in helping others perceive how valuable they are and how their gifts can best be applied within a group. With their ability to envision future possibilities for people, they encourage all to learn new skills. They act as the oil that keeps teams working harmoniously and efficiently together.

Rationals use their strategic skills in envisioning and setting long-term goals and milestones for meeting objectives. For Rationals, everything is part of a system. Making things work is a matter of understanding the strategic impact of each part of the system and manipulating them accordingly. The ability to think in the long-term and create new possibilities is particularly valuable when setting goals.

THE GUARDIAN PROVIDER AS A LEADER

Guardian Providers like this donor are likely to be seen as very friendly people who have many business contacts who are also friends. They tend to be very warm and prefer to ensure that everyone on their team has a place and feels comfortable. Providers make suggestions which they expect others to follow as if they were orders. They will be blunt only if they are very angry. When coming to this leader with suggestions, others need to take the Provider's personal set of values into consideration; otherwise suggestions are likely to be ignored.

- Providers manage in a personal, softly authoritarian way, focusing on making others comfortable and productive.
- Providers preserve traditions by encouraging and supporting rituals, ceremonies and celebrations within the organization.
- Providers foster a social climate where everyone is encouraged to communicate and work as an effective team member.
- Providers set up a secure and stable work environment with well-defined routines that seek to prevent problems and interruptions.
- Providers work in a steady, responsible fashion and expect employees to do the same.
- Providers feel personally betrayed when an employee has failed to complete tasks on

time without warning them.

- Providers prefer giving suggestions or advice rather than direct commands since orders can detract from a harmonious environment.

Who are Some Famous Leaders that Share this Donor's Temperament?

"To feel valued, to know, even if only once in a while, that you can do a job well is an absolutely marvelous feeling."

Barbara Walters
 (born 1929)

"Those who are blessed with the most talent don't necessarily outperform everyone else. It's the people with follow-through who excel."

 Mary Kay Ash (1918-2001)

"Opportunities are usually disguised as hard work, so most people don't recognize them."

 Esther Pauline Friedman (1918-2002)

"Tell the truth, work hard, and come to dinner on time."

• Gerald Ford (1913-2006)

"Never become alienated from the masses; learn from them and help them. Lead a collective life, inquire into the concerns of the people around you, study their problems and abide by the rules of discipline."

 Zhou Enlai (1898-1976) "I'm delighted that I can carry a message. I think that's what we're here on this earth for, to help others and if you can you ought to do it."

Betty Ford
 (1918-2011)

"The best index to a person's character is how he treats people who can't do him any good, and how he treats people who can't fight back."

> Pauline Esther Friedman (1918-2013)

"I learned from a very early age that it was important for us kids to help provide for the home, to be contributors rather than just takers. In the process, of course, we learned how much hard work it took to get your hands on a dollar, and that when you did it was worth something."

 Sam Walton (1918-1992)

"If you work just for money, you'll never make it, but if you love what you're doing and you always put the customer first, success will be yours."

> Ray Kroc (1902-1984)

"I made a resolve then that I was going to amount to something if I could. And no hours, nor amount of labor, nor amount of money would deter me from giving the best that there was in me. And I have done that ever since, and I win by it. I know."

Colonel Har<mark>lan S</mark>anders

What are Common Career Paths for this Donor's Temperament?

Customer Relations

Representative

Retail Sales

Sales Representative:

Wholesale and

Manufacturing

Executive Secretary

Teacher: K-12

Peer Counselor

Professional Volunteer

Religious Worker/Educator

Intensive Care Nurse

Personal Assistant

Personal Trainer

Event Planning

Producer (Entertainment)

Clergy

Educational, Vocational, or

School Counselor

Chiropractor

Occupational Therapist

Real Estate Agent

Pediatrician

Social Worker

Veterinary Assistant

Insurance Agent

