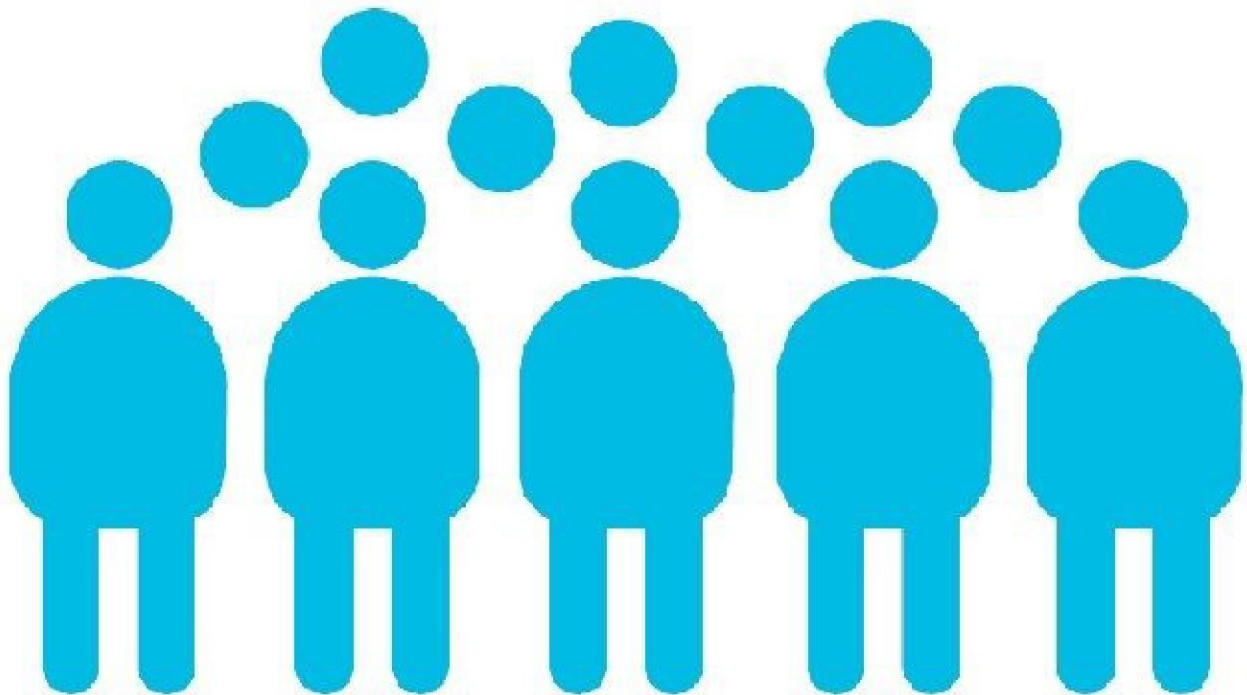


Extended Profile

Catalogue # 1506

London
Sperm
Bank



Donor Extended Profile

Donor Attribute

Your Origins: -

Year of Birth:

Town/State/County of Birth:

Country of Birth:

Race: - *Ethnicity*: Caucasian

If mixed or other, please specify:

Asian Indian (*please specify region/community you belong to*):

Your Nationality:

Personal Characteristics: -

Eye Colour: (*Please click to select; you may mark more than one colour as appropriate*)

Blue Green Brown Grey Hazel Other:

Natural Hair Colour: (*Please click to select as appropriate*)

Black Dark Brown Light Brown Light Blond Dark Blond Red

Other:

Your hair colour as a child

Hair type: (*Please click to select; you may mark more than one type as appropriate*)

Straight Wavy Curly Afro

Balding (*Age of onset*):

Receding (*Age of onset*):

Hair Texture: (*Please click to mark as appropriate*):

Normal Frizzy Thin Coarse Smooth Silky

Donor #1506

Skin Tone: (Please click to mark as appropriate)

- Very Fair
- Fair
- Medium Fair
- Black
- Light Brown
- Medium Brown
- Dark Brown
- Olive
- Medium Black
- Dark

Do you have freckles? Scroll to select

If yes, how many freckles do you have on unexposed areas of your skin? (Please click to mark as appropriate)

- Many
- Several
- A Few
- Very Few
- None

How does your skin respond to the sun? (Please click each column to mark as appropriate)

- Always tans deeply
- Tans moderately
- Tans lightly
- Not at all or tans very lightly
- My skin is naturally dark
- Always burns, blisters and peels
- Often burns, blisters and peels
- Burns moderately
- Burns rarely, if at all

Current Height (m):

1.71

Current Weight (kg):

73.8

Body type: (Please click to mark as appropriate)

- Athletic
- Large
- Muscular
- Slim

Eye Sight: Scroll to select *-0.25 in each eye*

I wear corrective glasses/lenses: Scroll to select *only for screens*

My sight is surgically corrected: Scroll to select

Mention any distinguishing features you have: (e.g. cleft chin, dimples, hooked nose, roman nose, etc.)

Thick, soft hair
A small mole on the middle of my chest (shared w/ all men in my family)

Donor #1506

Education:

What is your basic qualification?

13 GCSEs ; 3 A-levels and 1 As-level; BA Politics; MA European Studies; MSc Political science

What is your highest qualification?

MSc Political Science (research)

Mention any additional qualifications you have:

Qualified mental health first aider

What is your current occupation?

Civil servant (central government)

Mention other occupations you have had in the last 5 years:

ESL teacher
Event planner
Director of Studies (ESL)

Where do you see yourself in 10 years' time?

Working in central government as a senior civil servant, potentially abroad in an embassy.

Are you? Scroll to select

If religious, what religion/belief do you follow?

Atheist

Donor #1506

A bit more information...

What is your:

Mother tongue:

English & Greek

Do you know any other languages?

Spanish, Catalan, some Dutch and French

Favourite Food(s):

Moussaka, bread, salmon, chocolate, melon, grilled vegetables

Favourite sport(s):

Brazilian Jiu Jitsu, wrestling, Football

Favourite TV show(s):

Twin Peaks, The Wire, The Sopranos

Favourite Film(s):

The Lord of the Rings: The Fellowship of the Ring

Favourite Music:

1980s synth, Soul, blues, folk, metal, early 2000s R&B

Favourite Colour:

Red

Favourite animal(s):

Elephants, Ostriches, Ants, Moths, Pigeons

Do you have any pets? Scroll to select

If yes, which pets do you have?

No

Favourite Holiday Destination(s):

Hiking or beaches : Atlas mountains, Pyrenees, Bardona, Greek islands

Favourite Cities:

Barcelona, London, Sofia, Amsterdam, Bergen

How creative are you?

Quite creative at music & writing

Do you have tattoos? Scroll to select

If yes, mention where and since when

No

Do you have any body piercings? Scroll to select

If yes, mention where and since when?

No

Are you? Scroll to select

What are your Interests & Hobbies

How are your Athletic skills?

Good - I regularly compete in martial arts tournaments

How are your Mechanical skills?

Good - I am comfortable building & fixing things

What motivates you?

knowledge, love, music, debate and difference

Donor #1506

What are your strengths and weaknesses?

How is your relationship with your family?

Excellent - I bring them together

Describe yourself in 5 words:

Intense, interested, thoughtful, opinionated, ~~intense~~
Considerate

What kind of a person are you? (Please select one of the two options for each attribute)

- | | |
|--|---|
| <input checked="" type="checkbox"/> Optimistic | <input type="checkbox"/> Pessimistic |
| <input checked="" type="checkbox"/> Assertive | <input type="checkbox"/> Passive |
| <input checked="" type="checkbox"/> Leader | <input type="checkbox"/> Follower |
| <input type="checkbox"/> Introverted | <input checked="" type="checkbox"/> Extroverted |
| <input type="checkbox"/> Quiet | <input checked="" type="checkbox"/> Expressive |
| <input checked="" type="checkbox"/> Doer | <input type="checkbox"/> Thinker |

Donor #1506

Rate your intelligence from Howard Gardner's Multiple Intelligence Assessment: - mark 1 as most and 9 as least of your intelligence (*follow guidance notes below*):

Intelligence Category	Score (1-most, 9-least)
Naturalist (Understanding living things and reading nature)	9
Musical (Discerning sounds, their pitch, tone, rhythm, and timbre)	5
Logical-Mathematical (Quantifying things, making hypotheses and proving them)	1
Existential (Tackling the questions, of why we live, and why we die)	2
Interpersonal (Sensing people's feelings and motives)	7
Bodily-Kinaesthetic (Coordinating your mind and your body)	4
Linguistic (Finding the right words to express what you mean)	8
Intra-Personal (Understanding yourself, what you feel and what you want)	3
Spatial (Visualizing the world in 3D)	6

Naturalist Intelligence: Naturalist intelligence designates the human ability to discriminate among living things (plants, animals) as well as sensitivity to other features of the natural world (clouds, rock configurations). This ability was clearly of value in our evolutionary past as hunters, gatherers, and farmers; it continues to be central in such roles as botanist or chef. It is also speculated that much of our consumer society exploits the naturalist intelligences, which can be mobilized in the discrimination among cars, sneakers, kinds of makeup, and the like.

Musical Intelligence: Musical intelligence is the capacity to discern pitch, rhythm, timbre, and tone. This intelligence enables us to recognize, create, reproduce, and reflect on music, as demonstrated by composers, conductors, musicians, vocalist, and sensitive listeners. Interestingly, there is often an affective connection between music and the emotions; and mathematical and musical intelligences may share common thinking processes.

Logical-Mathematical Intelligence: Logical-mathematical intelligence is the ability to calculate, quantify, consider propositions and hypotheses, and carry out complete mathematical operations. It enables us to perceive relationships and connections and to use abstract, symbolic thought; sequential reasoning skills; and inductive and deductive thinking patterns.

Existential Intelligence: Sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die, and how did we get here.

Interpersonal Intelligence: Interpersonal intelligence is the ability to understand and interact effectively with others. It involves effective verbal and nonverbal communication, the ability to note distinctions among others, sensitivity to the moods and temperaments of others, and the ability to entertain multiple perspectives. Teachers, social workers, actors, and politicians all exhibit interpersonal intelligence. Young adults with this kind of intelligence are leaders among their peers, are good at communicating, and seem to understand others' feelings and motives.

Bodily-Kinaesthetic Intelligence: Bodily kinaesthetic intelligence is the capacity to manipulate objects and use a variety of physical skills. This intelligence also involves a sense of timing and the perfection of skills through mind-body union. Athletes, dancers, surgeons, and crafts people exhibit well-developed bodily kinaesthetic intelligence.

Linguistic Intelligence: Linguistic intelligence is the ability to think in words and to use language to express and appreciate complex meanings. Linguistic intelligence allows us to understand the order and meaning of words and to apply meta-linguistic skills to reflect on our use of language. Linguistic intelligence is the most widely shared human competence and is evident in poets, novelists, journalists, and effective public speakers. Young adults with this kind of intelligence enjoy writing, reading, telling stories or doing crossword puzzles.

Intra-personal Intelligence: Intra-personal intelligence is the capacity to understand oneself and one's thoughts and feelings, and to use such knowledge in planning and derationing one's life. Intra-personal intelligence involves not only an appreciation of the self, but also of the human condition. It is evident in psychologist, spiritual leaders, and philosophers. These young adults may be shy. They are very aware of their own feelings and are self-motivated.

Spatial Intelligence: Spatial intelligence is the ability to think in three dimensions. Core capacities include mental imagery, spatial reasoning, image manipulation, graphic and artistic skills, and an active imagination. Sailors, pilots, sculptors, painters, and architects all exhibit spatial intelligence. Young adults with this kind of intelligence may be fascinated with mazes or jigsaw puzzles, or spend free time drawing or daydreaming.

Donor #1506

Your Lifestyle

Fertility status:

Do you have any children? No

If yes: How many boys? 0 How many Girls? 0

Have you ever been responsible for a pregnancy other than above? No

Have you or your partner ever had a history of the following?

	<i>You</i>	<i>Your partner</i>
-HIV	No	No
-Hepatitis	No	No
-Syphilis	No	No
-Gonorrhoea	No	No
-Chlamydia	No	No
-Trichomonas	No	No
-Genital Warts	No	No
-Genital Herpes	No	No
-Penile Discharge	No	No
-Any other STDs	No	No

Have you recently put yourself at risk of any sexually transmitted disease? No

If yes, please explain:

Do you smoke? No If yes, how many on average a day? N/A

How many units of alcohol do you consume in a week? 1

Are you taking any soft or hard drugs? No If yes, then list them below:

	Drug	Since when?	Current status
1			
2			
3			

Donor #1506

Are you taking any medication? No If yes, then list them below:

	Medication	Reason	Started on
1			
2			
3			

Have you had exposure to pesticide, chemicals, x-rays or other radiation source? No

If yes, then list them below:

	Source	When & for how long?
1		
2		
3		

List any surgeries you have had:

	Surgery	In the year
1	None	
2		
3		

About your decision.....

How did you hear about London Sperm Bank?

The Guardian

What are your reasons for becoming a sperm donor?

Donating is a small effort on my part that could lead to a lot of joy for someone else.

Donor #1506

Donor Family Medical History (mark with X if none in family)

Donor Donor Child Mother Father Sister/s Brother/s MGM MGF PGM PGF Aunt/s (Maternal) Uncle/s (Maternal) Cousin/s (Maternal) Aunt/s (Paternal) Uncle/s (Paternal) Cousin/s (Paternal) None in Family

Blood Diseases

Anaemia			X														
Haemophilia																	X
Haemoglobin Disease																	X
Sickle Cell																	X
Immune Deficiency																	X
Thalassemia																	X
Malaria																	X

Cancer

Breast																	X
Ovarian																	X
Prostate																	X
Lung									X								
Skin																	X
Colon																	X
Thyroid																	X
Leukaemia																	X
Other								X									
Tumour																	X

Cardio Vascular Diseases

Stroke																	X
Heart Attack																	X
Coronary Heart Disease																	X
High Blood Pressure - Hypertension							X										
High Cholesterol/Triglycerides							X										
Arteriosclerosis																	X
Atherosclerosis																	X
Hereditary Hypercholesterolemia																	X
Congenital Heart Malformation																	X

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Mother - anaemia (age of onset 50)
 Paternal grandfather - lung cancer (age of onset 60)
 Paternal grandmother - preventative double mastectomy (60)
 Maternal grandfather - high blood pressure, high cholesterol (70)

Donor #1506

	Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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Congenital Malformations

Cleft Lip																	X
Cleft Palate																	X
Club Foot																	X
Congenital Hip Dislocation																	X
Spina Bifida																	X
Undescended Testicles																	X
Malformations (Other)																	X

Gastro-Intestinal Diseases

Galls Stones																	X
Hepatitis A																	X
Hepatitis B																	X
Ulcer of Stomach or Duodenum																	X
Other Liver Disease																	X
Colitis																	X
Cystic Fibrosis																	X

Genital/ Reproductive System

Uterine Fibroids																	X
Ovarian Cysts																	X
Goitre																	X
Other																	X

Mental Health

Depression							X										
Bipolar																	X
Schizophrenia/Psychosis																	X
Mental Retardation																	X
Obsessive-Compulsive Disorder																	X

Metabolic/Endocrine Disease

Type 1 Diabetes																	X
Type 2 Diabetes																	X
Hypoglycaemia																	X
Tay Sachs																	X
Thyroid Disorder																	X

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Maternal grandfather - depression (84)

Donor #1506

	Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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Muscular/ Bones/ Joint Disease

Gout																	X
Arthritis																	X
Achondroplasia (Dwarfism)																	X
Deformity of the Vertebral Column																	X
Osteoporosis																	X
Muscular Dystrophy																	X
Other																	X

Neurological Diseases

ADD or ADHD																	X
Autism/Asperger's																	X
Cerebral Palsy																	X
Disorders of the Spinal Cord																	X
Dyslexia/ Other Learning Difficulties																	X
Neural Neurone Disease																	X
Hydrocephalus																	X
Alzheimer's								X									
Motor Neurone Disease																	X
Epilepsy																	X
Huntington's Disease																	X
Multiple Sclerosis																	X
Neural Tube Defect																	X
Parkinson's Disease																	X
Delay in Growth & Development																	X
Tourette Syndrome																	X

Skin

Albinism																	X
Acne																	X
Pigmentation Disorders																	X
Eczema																	X
Psoriasis																	X

Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Maternal grandfather - Alzheimer's, Lewy Body dementia and Vascular dementia (84)

Donor #1506

	Donor	Donor Child	Mother	Father	Sister/s	Brother/s	MGM	MGF	PGM	PGF	Aunt/s (Maternal)	Uncle/s (Maternal)	Cousin/s (Maternal)	Aunt/s (Paternal)	Uncle/s (Paternal)	Cousin/s (Paternal)	None in Family
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Allergies and Respiratory Diseases

Allergies (Medication)																	X
Allergies (Food)																	X
Allergies (Hay Fever)	X																
Allergies (Insect)																	X
Allergies (Other)																	X
Allergies (Pet)																	X
Emphysema																	X
Tuberculosis																	X
Pneumonia																	X
Asthma																	X

Sight/ Sound/ Smell

Deafness																	X
Deafness (Before age 50)																	X
Other Hearing Anomalies																	X
Eyesight (Blindness)																	X
Eyesight (Colour Blindness)																	X
Eyesight (Glaucoma)																	X
Cataracts before age 50																	X
Other sight, sound, smell disorder																	X

Urinary

Kidney Disease																	X
Polycystic Kidneys																	X
Disease of the Urinary Tract (Urethra, Bladder & Ureter)																	X
Other																	X

Other

Alcoholism																	X
Drug Abuse																	X
Chromosomal Abnormalities																	X
Down Syndrome																	X

Any other conditions not listed or premature deaths due to illness?

X				X													
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Comments: (Please use this space to state age of onset if you or any member of your family suffers from any condition/s mentioned above)

Donor - hay fever migraines (19), testicular torsion (17)
 Sister - mild overbite (18)

Donor #1506

Biological Family Characteristics

Relative	Eye Colour	Hair Colour	Skin Tone	Build(Short/Medium/Tall)	Ethnic Group	Distinguishing Features (if any)	Alive/Deceased (age and reason if deceased)
Mother	Blue	Dark brown	Fair	Short	British		Alive
Father	Brown	Dark brown/black	Dark/olive	Medium	Greek		Alive
Sister	Brown	Dark brown	Fair	Above average height and slim	Greek/British		Alive
Brother	Brown	Dark brown	Fair/olive	Above average height and slim	Greek/British		Alive
Mat. Grandmother	Blue	Brown	Fair	Medium	British		Deceased - old age
Mat. Grandfather	Blue	Fair	Fair	Medium/stocky	British		Deceased - old age/dementia
Pat. Grandmother	Brown	Brown	Olive	Short	Greek		Alive
Pat. Grandfather	Brown	Black	Olive	Medium/tall	Greek		Deceased - lung cancer
Pat. Aunt	Brown	Brown	Olive	Slim, above avg height	Greek		Alive
Pat. Uncle	Brown	Brown	Olive	Medium/tall	Greek		Alive
Pat. Cousin (F)	Brown	Brown	Olive	Medium	Greek		Alive
Pat. Cousin (F)	Brown	Brown	Olive	Medium	Greek		Alive
Pat. Cousin (M)	Brown	Brown	Olive	Tall/muscular	Greek		Alive

Donor #1506

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Pen Sketch *(Please write an essay about yourself i.e., describing your childhood, progressing towards your adult life in a few words, including some memorable events if you've had):*

As a child I was quite independent and loved to invent and design things. I did lots of hobbies that made me stand out a bit compared to my peers - skateboarding and collecting/painting Warhammer perhaps the best examples. I did like playing in team sports, but preferred head-to-head competition with friends.

Family life was varied, like in any family! Some of the best times we are sitting around joking (we were all very good at winding each other up in funny ways), having heated debates (especially about life, politics, society) and playing computer games (we all loved World of Warcraft, Tomb Raider, Soul Blade, Final Fantasy VII - we'd sit and watch each other play).

My dad and mum's relationship broke down and they got divorced [REDACTED] (it wasn't too hard on us (me and siblings), because it was clear they both loved us. I didn't see my dad much because we lived in different countries, but we remained close despite the distance.

My maternal grandparents were very close to us and helped us a lot after the divorce. My granddad drove me to and back from school every day for 6 years, even though it was a good 30 to 50-minute drive each way.

what you were good at (or bad at!) at school, your hobbies: I was good at school, but valued my free time more. I wasn't a rebel, but got much more pleasure out of exploring and learning what I wanted than from instruction and syllabus.

I excelled at history and the sciences at secondary school, regularly getting the highest marks in the latter, but preferred the former. I didn't focus on the finer arts too much - though avidly read fiction in my free time (and still do!)

your religious/philosophical views on life: I was raised as a Greek Orthodox Christian, but left the faith at around 15 years old. I am an atheist, though I do appreciate the value of religion for individuals. I like how faith can bring people together, but have disdain for the social pressures it can bring about in some situations.

I believe that there's a biological imperative which determines how people can come together to live. As humans, we all have challenges to face in what is a very difficult life. We understand this and show compassion to each other when we can. I hope that in the future people will be able to cast aside the parochial divisions which divide them and look toward a future free of prejudice, fear and the atavistic divisions which have divided humanity for too long.

I try to spread goodwill where possible and put the effort in to understand the plights each individual faces daily.

your personality and temperament: I am a contrarian. If I find myself on the side of the majority, I challenge it. I remain calm, but can get passionate about things important to me. I don't get angry, but can be forceful in debate and argument.

I take work seriously - I push myself to excel at all tasks. I remain polite and courteous, but will fight my corner with conviction. In social situations, I am at best open, inclusive and engaging. I love my friends but don't hesitate to directly call them out when I feel they are making mistakes or need a reality-check.

your job and why you chose it: I am a civil servant. I learned about the breadth and importance of government work when at university, instantly realising it was what I wanted to do. There's no other career which allows me to take on a variety of mentally challenging problems to solve. The money isn't as good as in the private sector, but that doesn't matter to me. I enjoy knowing that I am making a difference to people's lives and developing as an individual through interesting work.

what subjects you studied and why: After a varied set of GCSEs and A-levels, I went to university to study physics, but decided to drop out and wait a year to do a politics BA. I loved studying the social sciences so much I went on to do two separate Master's degrees in political science. (I worked in between years to save enough money undertake such extravagant academic pursuits.)

While the job security and financial benefits of STEM subjects appealed to me, I took on social sciences because of a love of history, philosophy and politics. I enjoy debate and discourse - there was no better academic choice for my temperament! favourite books, music, things to do: I love science fiction, especially the work of Isaac Asimov. My favourite novels explore the human condition when people are forced to deal with technological and social changes.

I have an eclectic music taste. Most recently, I have been enthralled with the magic of 80s synth - Depeche Mode being one of my favourites. I am a huge fan of Rammstein (90s/2000s industrial metal) and 1960s English Blues/Folk revival (Davey Graham being my music 'hero').

how would you describe what you look like? What do you like about yourself? Are there any family trends?

I look slightly younger than my age when I shave. I have Mediterranean features and olive skin - I tan well in the summer.

I am not really worried about my appearance, so sometimes let my hair grow a little long or don't shave for a while. I feel bad that so many people worry about things to do with their appearance. That being said, I keep in good shape - if I see myself gaining a bit of weight I always diet to bring myself back to something I am comfortable with (plus I stick to between 68 and 74kg for competing in martial arts tournaments)

what is really important to you in life?: Keeping healthy, eating well, learning. I find great pleasure in sport and being able to enjoy little things, like a good book or interesting new recipe.

Donor #1506

Document number:	LQ-FRM-344	Author:	Minbattiwalla, Meheranghiz	Review date:	13/07/2019
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Goodwill Message for recipients using your donations:

Curiosity brought me to the programme, but seeing the difficulties people experience when trying to conceive is what convinced me to become a donor. I am happy to be able to help people (with relatively little effort on my behalf) so that they can have the life they seek.

I don't have any of my own (yet), so can't speak with any authority on the matter - but I hope that having children will bring you happiness and that your world will be a better place for it.

Goodwill Message for children born from your donations:

Life is hard - everyone is fighting a battle. I want to believe that whoever you are, you have had a wonderful childhood. But I know from my own experience that everything has ups and downs.

I hope that you find purpose in life. It's not easy - the trials and tribulations never end, but that's just a part of it all. It wouldn't be interesting if everything was straightforward.

Do what you love, what makes you happy, help people - make the world a better place for everyone (including yourself).

Donor #1506